

Newsletter of Ibn Sina Academy (NISA)

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Prof. Syed Zillur Rahman

Editor

Prof. Syed Ziaur Rahman

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Aligarh, India**



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”امیونٹی بوستر“

دماغین کھائیں، تیز دماغ پائیں

★ دماغین ہر عمر کے ذہنی و جسمانی طور سے مصروف
لوگوں کے لیے مددگار ہے۔

★ دماغین خوش ذائقہ تازگی و توانائی سے بھرپور ہے۔

★ دماغین منہ کی بدبو کو دور کرتی ہے اور ہضم کی اصلاح کرتی ہے۔

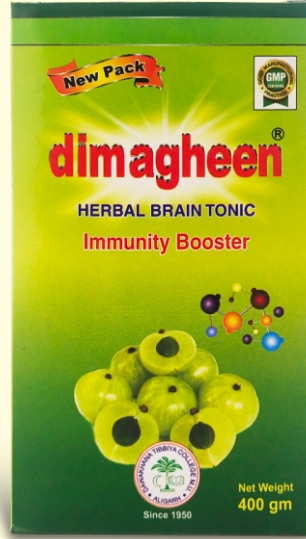
★ دماغین یکسوئی کو بڑھاتی ہے اور تھکان کم کرتی ہے۔

★ دماغین میں دوائی و غذائی اجزاء سے بھرپور مشہور پھل

آملہ اجزاء اعظم کے طور پر استعمال ہوتا ہے۔

جس میں وٹامن ”سی“ سب سے زیادہ اور ساتھ میں

کیا شیم اور فولاد بھی پایا جاتا ہے۔



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EVENTS AT IBN SINA ACADEMY

(April – June 2026)

International Museum Day

On the eve of International Museum Day (18.05.2026), Ibn Sina Academy organised a special guided tour for the general public with the objective of promoting awareness about history, culture, literature, medicine, and heritage preservation. The initiative aimed to provide visitors with a unique opportunity to explore the Academy's invaluable collections and gain deeper insight into the intellectual and cultural legacy preserved within its galleries.

To facilitate the programme, the Academy engaged a dedicated team of volunteers who accompanied visitors throughout the tour and explained the significance of the various artefacts, memoirs, paintings, rare manuscripts, archival materials, historical documents, and other treasured exhibits housed in the institution. The volunteers also provided background information on the historical and scholarly importance of the collections, making the visit both educational and engaging for attendees of all age groups.

Ibn Sina Academy possesses a rich and diverse heritage collection distributed across six galleries, reflecting contributions in the fields of medicine, science, literature, art, culture, and history. The guided tour inspired greater appreciation for museums and archival institutions, while encouraging the public, particularly students and young scholars, to connect with the nation's rich intellectual and cultural traditions.

World Environment Day

On the occasion of World Environment Day, it is important to recognize an often-overlooked environmental challenge: the impact of therapeutic drugs on ecosystems. While medicines play a crucial role in improving human and animal health, their residues can enter the environment through manufacturing processes, improper disposal, hospital waste, sewage systems, agricultural runoff, and excretion by humans and animals.

The presence of pharmaceuticals in water bodies, soil, and wildlife habitats has raised growing concerns worldwide. Antibiotics, analgesics, hormones, antidepressants, and other therapeutic agents have been detected in rivers, lakes, groundwater, and even drinking water sources. These contaminants may adversely affect aquatic organisms, alter reproductive and behavioral patterns in wildlife, contribute to antimicrobial resistance, and disrupt ecological balance. This issue falls within the emerging disciplines of Pharmacoenvironmentology.

Ecopharmacovigilance focuses on the detection, assessment, understanding, and prevention of adverse effects of pharmaceuticals in the environment, whereas Pharmacoenvironmentology examines the environmental fate and ecological consequences of drugs and their metabolites after their use. Together, these fields highlight the need for responsible prescribing, rational drug use, environmentally sustainable pharmaceutical manufacturing, and proper disposal of unused or expired medicines.

On this World Environment Day, let us broaden our perspective on medication safety beyond the patient and consider the health of the planet as well. By integrating environmental considerations into healthcare practices, pharmacovigilance systems, research, education, and policy-making, we can promote a more sustainable approach to therapeutics and contribute to the protection of biodiversity, ecosystems, and public health for future generations. Ibn Sina Academy, showcased its important book, entitled, *An Introduction to Environmental Pharmacology*, edited by Dr. Syed Ziaur Rahman

Adabi Nashisth

Ghalib Study Centre under the aegis of Ibn Sina Academy, Aligarh, and in collaboration with the Harf-e-Zar Literary Society, Aligarh, organized an *Adabi Nashisth* (literary gathering) in honour of the eminent Urdu poet and writer Prof. Mohammad Masood Ahmad

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from Hyderabad at the Academy premises in Dodhpur, Aligarh.

The programme commenced at 7:30 p.m. on 29 June 2026 and was attended by a large number of poets, writers, academicians, students, and lovers of Urdu literature.

The session was presided over by Prof. Hakim Syed Zillur Rahman, Founder-President of the Ibn Sina Academy. Mr. Afzal Manglori, a distinguished progressive Urdu poet from Mangalore, Uttarakhand, attended the event as the Guest of Honour.

Several prominent poets from Aligarh participated in the literary session and presented their poetry, making the evening a memorable celebration of Urdu literary traditions. Both Prof. M. Masood Ahmad and Mr. Afzal Manglori, received awards on behalf of the Harf-e-Zar Literary Society and Ibn Sina Academy.

The programme concluded with a vote of thanks, expressing gratitude to all participants and reaffirming the commitment of the Ibn Sina Academy and Harf-e-Zar Literary Society to preserving and promoting the rich literary heritage of Aligarh and fostering meaningful literary dialogue.

The event was coordinated by Mr. Mujeeb Shehzar, Programme Organizer on behalf of Harf-e-Zar Literary Society and Dr. Syed Ziaur Rahman, Convener of the programme, on behalf of Ibn Sina Academy.

Meeting Regarding Exhibition of Medical Manuscripts with the Department of Culture and Tourism, Abu Dhabi

Ibn Sina Academy has received an invitation from the Department of Culture and Tourism – Abu Dhabi to participate in the forthcoming international exhibition, "Sea of Knowledge: Crossroads of Intellectual Exchange Across the Indian Ocean World," which is scheduled to be held at Qasr Al Watan from November 2026 to July 2027.

The exhibition aims to explore the movement and exchange of knowledge across the Indian Ocean world and the inland regions extending to Central Asia. It will highlight the vibrant intellectual networks that connected diverse cultures and played a pivotal role in shaping a shared scientific, medical, and cultural heritage.

As part of the proposed collaboration, an online meeting was held on 8 June 2026 between representatives of the Department of Culture and Tourism, Abu Dhabi and the staff of Ibn Sina Academy. The meeting focused on the possibility of collaborating through the loan of selected manuscripts and artefacts from the Academy's distinguished collections. Particular emphasis was placed on rare materials related to medicine, pharmacology, astronomy, and the history of scientific exchange, in keeping with the central themes of the exhibition.

The discussions were cordial and highly productive, with both sides expressing keen interest in establishing a meaningful collaboration. It is hoped that this partnership will successfully showcase the rich intellectual and scientific heritage preserved at Ibn Sina Academy before an international audience. The Academy looks forward to working closely with the Department of Culture and Tourism, Abu Dhabi and remains ready to provide any further information or assistance required regarding the exhibition and the loan procedures.

First-Year Pharmacology Residents Visits Ibn Sina Academy

In alignment with the directives of the University Grants Commission (UGC) under the National Education Policy 2020 and recommendations of the National Medical Commission (NMC) emphasizing experiential learning, an educational tour was organized for the first-year postgraduate residents of the Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU).

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As part of this initiative, the residents visited the Ibn Sina Academy of Medieval Medicine and Sciences, a recognized Centre of Excellence under the Ministry of AYUSH, Government of India.

During the visit, the residents were introduced to the historical progression of medicine, beginning from ancient and medieval practices to contemporary scientific advancements. The Academy provided valuable insights into traditional systems of medicine, particularly Unani medicine, and their integration with modern healthcare approaches. Exhibits, manuscripts, and scholarly resources at the Academy helped participants appreciate the continuity and transformation of medical knowledge across centuries.

The educational tour was designed not only to enhance academic understanding but also to instil an appreciation for India's indigenous medical systems, which are increasingly being recognized globally for their relevance in integrative medicine.

Notably, the Department of Pharmacology has been actively organizing similar educational tours to key national institutions and pharmaceutical industries. These include visits to the Indian Pharmacopoeia Commission (IPC), which plays a critical role in setting drug standards in India, and the Pharmacopoeia Commission for Indian Medicine and Homoeopathy (PCIM&H), which is responsible for the standardization of traditional medicines. Exposure to pharmaceutical companies further provided residents with insights into drug development, manufacturing practices, and regulatory frameworks.

The program was well-received by the residents, who found the experience enriching and instrumental in broadening their understanding of pharmacology in both traditional and modern contexts.

Team of Ibn Sina Academy Participates in National Conference on Laboratory Animal Welfare: Policies and Best Practices

A team from Ibn Sina Academy, comprising Engineer Mohd. Adnan Khan and Dr. Syed Ziaur Rahman, participated in the National Conference on Laboratory Animal Welfare: Policies and Best Practices, held on 11 May 2026 at Bhim Hall, Dr. Ambedkar International Centre (DAIC), 15 Janpath, New Delhi. The conference brought together experts, researchers, academicians, representatives from pharma industry, CCSEA nominees and policymakers including Union minister, state ministers, secretary, joint secretary, director, commissioner of the Ministry of Fisheries, Animal Husbandry, and Dairying to deliberate on ethical standards, regulatory frameworks, and best practices for the care and welfare of laboratory animals used in biomedical research. During the conference, online research protocol portal, for laboratory animal research was also officially released.

On the occasion, the Academy presented a copy of *Ainul Hayat* (An Important Treatise on Gerontology and Geriatrics), published by Ibn Sina Academy of Medieval Medicine and Sciences, to Prof. Vinod Kumar, a distinguished expert in the field of gerontology and a former faculty member of the All India Institute of Medical Sciences (AIIMS), New Delhi, where he served with distinction for more than two decades. The book was presented in recognition of his outstanding contributions to the field of ageing and geriatric medicine.

Speaking on the importance of healthy ageing, Prof. Vinod Kumar shared an inspiring message:

"Reaching old age with health and happiness is the work of a disciplined lifetime, and yet it is never too late to begin."

The participation of the Academy in the conference provided an excellent opportunity for academic interaction and highlighted its continued commitment to promoting scientific

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scholarship, medical ethics, and the preservation of classical medical literature.

Team of Ibn Sina Academy Visits Scenic and Heritage Sites in Uttarakhand

A team from Ibn Sina Academy, comprising its President, Prof. Syed Zillur Rahman; Honorary Treasurer, Prof. Syed Ziaur Rahman; and volunteers Ms. Safia Akhtar, Ms. Asifa Haneefa, Ms. Muniza Husain, and Ms. Haifa Siddiqui, undertook a visit to several prominent destinations in Uttarakhand, including Haldwani, Bhimtal, Nainital, and Ranikhet, during 24 to 27 June 2026.

During their stay in Nainital, the team visited several places of historical and cultural significance, including the Jamey Masjid, an important landmark built in 1882. At Bhimtal, they visited the Folk Culture Museum (Lok Sanskriti Sangrahalaya), established by the renowned prehistorian, archaeologist, and artist Dr. Yashodhar Mathpal. Widely acclaimed for his pioneering work on prehistoric cave art, Dr. Mathpal has been a long-standing friend of Hakim Syed Zillur Rahman. Both distinguished personalities were honoured with the Padma Shri in 2006. The visit to Dr. Mathpal's museum and residence was a memorable experience, and the team was delighted to interact with his family members.

The team also visited several notable attractions in and around Ranikhet, including the Kumaon Regiment Headquarters, the AMU Guest House at Ardee Estate, Holm Farm Heritage, Chaubatia, and Rani Jheel.

They also visited the picturesque location where the 1968 Bollywood classic *Shikar*, starring Dharmendra, Asha Parekh, and Sanjeev Kumar, was filmed. The site lies on the way to the State Horticulture Headquarters, renowned for its sprawling apple orchards, adding further charm to the visit.

Condolence Meeting in Memory of Prof. Saud Ali Khan

A condolence meeting was held at the Ibn Sina Academy to mourn the passing of Prof. Saud

Ali Khan, former Principal of Ajmal Khan Tibbiya College, and to offer prayers for the eternal peace of his departed soul.

The meeting was presided over by Prof. Syed Zillur Rahman and attended by teachers, colleagues, students, and well-wishers who gathered to pay tribute to the distinguished academician and administrator. In his presidential address, Prof. Rahman described the demise of Prof. Saud Ali Khan as a great loss to the academic and educational community. He highlighted Prof. Khan's visionary leadership and his significant role in the expansion and overall development of Ajmal Khan Tibbiya College during his tenure as Principal.

The speakers fondly recalled Prof. Khan's outstanding academic contributions, exemplary administrative abilities, and unwavering commitment to the growth and progress of the institution.

Prof. Abdul Latif, Joint Secretary of the Ibn Sina Academy, paid tribute to Prof. Khan's dedicated leadership and his concern for institutional welfare, particularly mentioning his efforts in the construction of a mosque at the Tibbiya College Hospital.

Dr. S. Shoeb Ahmad reflected on Prof. Khan's admirable personal qualities, humility, and his enduring association with colleagues and students, remembering him as a compassionate mentor and respected teacher.

The proceedings were conducted by Prof. Syed Ziaur Rahman, Honorary Treasurer of the Ibn Sina Academy, who described Prof. Saud Ali Khan as one of the principal architects of the institution's growth and highlighted his lasting contributions to its infrastructural and academic development.

Prof. Saud Ali Khan served as the Principal of Ajmal Khan Tibbiya College from 2001 to 2021. He also served as a member of the Central Council of Indian Medicine, where he contributed to the advancement of the Indian systems of medicine. He passed away on 4 May at the age of 70 after a prolonged illness.

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He is survived by his wife, four daughters, and two sons.

The meeting concluded with a collective prayer for the departed soul, with participants praying that Almighty Allah grant him the highest place in Jannat and bestow patience and strength upon his bereaved family.

SSGE ACTIVITIES

Felicitations and Thanksgiving Lunch in Honour of SSGE Volunteers

To recognize and honour the dedicated volunteers of the School Support Group for Education (SSGE) for their invaluable services, a thanksgiving lunch was organized on 3 May 2026 in the gracious company of Padma Shri Prof. Syed Zillur Rahman, Founder President of the Ibn Sina Academy.

The gathering brought together twenty-five SSGE volunteers along with all members of the SSGE Scholarship Interview Panel. The occasion served as an expression of gratitude for their selfless commitment, dedicated efforts, and significant contributions towards the successful implementation of the SSGE Scholarship Programme.

During the programme, the participants reflected on the achievements of the initiative and reaffirmed their collective commitment to promoting educational opportunities for deserving students. The luncheon provided an opportunity for volunteers and panel members to interact, share their experiences, and strengthen the spirit of service and collaboration that forms the foundation of the SSGE initiative.

Mentorship Session for 8th to 10th graders

The School Support Group for Education (SSGE) organised an enriching mentorship session for students of classes 8th to 10th studying at AMU schools on 9th May 2026 at Ibn Sina Academy. The session was conducted by Dr. Rehana Ahmad and Dr. Sadia Ayub, who interacted with the students and motivated them towards academic excellence,

confidence building, and personality development.

The programme aimed to guide young learners during an important phase of their educational journey by providing them with inspiration, career awareness, and practical advice for achieving their goals. The students actively participated in the interactive session and benefited greatly from the valuable experiences and encouragement shared by the mentors.

Mentorship and holistic guidance of school children by experienced professionals is one of the important mandates of the School Support Group for Education. Along with providing support such as tuition fees, course materials, school uniforms, and other educational necessities, SSGE also focuses on nurturing the intellectual, emotional, and social growth of students through regular mentoring and motivational activities.

SSGE Scholarships Interview 2026

The SSGE Scholarships Interview 2026 was organized at the Ibn Sina Academy from 9th April to 19th April 2026, with the objective of selecting deserving students for scholarship support. The interviews were conducted in a systematic and phased manner, covering multiple schools over several days.

The interview schedule was as follows: 9 April: Abdullah School (4:30 PM onward); 10 April: ABK Girls School (4:30 PM onward); 11 April: ABK Boys School (4:30 PM onward); 12 April: AMU Girls School (10:00 AM onward); 14 April: Minto Circle (4:30 PM onward); 15 April: Raja Mahendra Pratap Singh School (4:30 PM onward); 17 April: Qazi Para School (4:30 PM onward) and 19 April: Qazi Para School (10:00 AM onward)

All students were instructed to attend the interview in proper school uniform and be accompanied by their parents or guardians, ensuring transparency and accountability in the selection process.

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The list of candidates had been forwarded by the respective school principals. During the interview sessions, the panel primarily focused on cross-checking and verifying the submitted documents in the presence of parents / guardians. Approximately 1500 students appeared for the interviews, reflecting the wide outreach and impact of the scholarship programme.

The event witnessed the dedicated involvement of the SSGE Scholarship Selection Committee, comprising distinguished members including Prof. Suhail Sabir, Prof. Ekram Khan, Dr. Mansoor Alam Siddiqui, Prof. Syed Ziaur Rahman, Mr. Adnan Hafiz, Dr. Athar Ali Khan, Mrs. Afreen Waseem, Mr. Noorus Salam, Mr. Suroor Athar, Dr. Mussavir Khan, Dr. Ahmad Raza, Mr. Faisal Moin, Dr. Rehana Ahmad, Dr. Sadia Ayub and Mr. Fareed Nazim Farooqui. Their collective efforts ensured a fair and smooth evaluation process.

Special appreciation was extended to the SSGE volunteers, particularly Kisa, whose active participation and coordination significantly contributed to the successful execution of the programme.

The interview sessions concluded on a positive note, bringing smiles to the faces of the scholarship recipients and reaffirming SSGE's commitment to supporting education and empowering students.

Online Interactive Session with Major (Dr.) Mohammad Ali Shah

The School Support Group for Education (SSGE) organized an online interactive session for student delegates with Major (Dr.) Mohammad Ali Shah on 17 May 2026.

Major (Dr.) Mohammad Ali Shah, an International TEDx Speaker, Defense Analyst, and former faculty member at Whistling Woods International, interacted with the students in an engaging and inspiring session. The programme aimed to motivate young learners through meaningful discussion, guidance, and exchange of ideas on leadership,

communication, confidence building, and national service.

The session witnessed enthusiastic participation from the student delegates, who actively engaged with the speaker through questions and discussions. Major (Dr.) Mohammad Ali Shah shared valuable insights from his professional journey and emphasized the importance of discipline, determination, positive attitude, and continuous learning in achieving success.

The interactive session proved to be highly informative and motivational for the participants. Such initiatives by SSGE play an important role in mentoring and empowering students by connecting them with accomplished professionals from diverse fields.

The organizers expressed their gratitude to Major (Dr.) Mohammad Ali Shah for sparing his valuable time and inspiring the students through his enriching interaction.

DISTINGUISHED VISITORS

1. Prof. Dr. Syed Jahangir, The English and Foreign Languages Central University (EFLU), Hyderabad, 9.4.2026
2. Delegates of Research Scholars (PhD Students) from the Department of Islamic Studies, under the leadership of Dr. Bilal Ahmad Kutty, 10.4.2026
3. Mr. Noorus Salam, Finance Officer, AMU, Aligarh, 12 April 2026. He visited with his brother.
4. Dr. Zaheer Hasan, Founder Akhtar Hasan Memorial Public Welfare Society, Mathura, 15.4.2026. He visited with his son and daughter-in-law
5. Shakil A. Hashmi (Abu Ayaan), Social Activist from Siwan, Bihar, along with Maulana Qamruddin Nadwi and Dr. Fakhre Alam, 15.4.2026
6. Dr. Zeyaul Abrar Husain Shezi (Drug Safety, Reckitt) and Dr. Rashida Begum (Department of Rehabilitation Sciences, Jamia Hamdard), Delhi, 26.4.2026

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7. Mr. Sudheer Gupta, a noted film director based in Delhi, recognized for his documentaries that examine India's cultural, social, and ecological landscapes. His films frequently foreground the experiences of marginalized communities and emphasize the need to preserve traditional art forms. His work has received acclaim at several international film festivals and has been distributed globally. In addition to filmmaking, he has contributed to teaching and training at film institutes across India, supporting the development of documentary cinema in the country, 26.4.2026
8. Prof. Sadhana Naithani, a distinguished scholar in folklore and ethnography, widely acknowledged for her significant contributions to the study of Indian folklore. She has authored important works such as *The Story-Time of the British Empire* and *In Quest of Indian Folktales*, which explore the cultural and political dimensions of folklore. Her scholarship has earned her numerous honors, including membership in the Folklore Advisory Committee of the Finnish Academy of Science and Letters. Her research has been published extensively in academic journals, underscoring her impact on the field of folkloristics. She currently serves as Professor and Head at the Centre of German Studies, JNU, New Delhi, 26.4.2026
9. Mr. Abdul Azeem Durrani, Principal, Vision International Academy, Phulet (UP), 18.5.2026
10. Ms. Doaa Nounou (Research Lead, Culture Sector Policy & Development Office) and Ms. Aranzazu Blat (Manuscripts Conservator), Department of Culture and Tourism, Abu Dhabi, UAE, 29.5.2026
11. Prof. Mohammad Masood Ahmad, CEO, Renova Bibi Cancer Hospital, Hyderabad, 29.5.2026
12. Mr. Afzal Manglori, International Urdu Poet, Manglore, Uttarakhand, 29.5.2026

MEMBERS' ACTIVITIES

Prof. Syed Zillur Rahman
(President, Ibn Sina Academy)

Prof. Syed Zillur Rahman, in his capacity as a member of the Executive Committee of Nadwatul Ulama, was invited to participate in the Annual Meeting of the Majlis-e Intezamia held on 15 April 2026 at the Allama Haider Hasan Khan Tonki Hall, Darul Ulama, Lucknow. The meeting, convened by Maulana Abdul Hai Hasani Nadwi, Nazim of Darul Ulama, Lucknow, focused on the routine administrative and institutional affairs of the organization.

The following are some of the major activities and contributions of Prof. Rahman during the last quarter of the year.

Mahmood Ayaz Award

Jashne Yome Urdu was organised by Mahfil-e Nisan and Al-Amin Educational Society on 17th May 2026 in celebration of the Urdu language and its rich literary heritage.

President of Ibn Sina Academy, Prof. Syed Zillur Rahman, was felicitated with the prestigious Mahmood Ayaz Award in the presence of distinguished scholars, eminent personalities, celebrities, and representatives of various social, educational, and cultural organisations. It is noted here that Mahmood Ayaz (1929-1997) was from Bangalore. His entire collection of Urdu poetry, "*Naqsh Bar-Aab*" was published post-humously in 2001. He was also the editor of *Saughat*, an Urdu literary magazine

The occasion reflected a shared commitment towards the promotion of Urdu language, literature, culture, and educational values, while also recognizing lifelong contributions made in the fields of scholarship and public service.

Extension Lecture

An extension lecture by Hakim Syed Zillur Rahman was organised at National Institute of Unani Medicine on 18th May 2026. The

lecture formed part of the institute's continuing academic and intellectual engagement aimed at strengthening scholarship, research orientation, and the promotion of traditional systems of medicine, particularly Unani medicine.

National Institute of Unani Medicine, functioning under the Ministry of AYUSH, Government of India, is recognised as one of the premier centres for postgraduate education, training, and research in the Unani system of medicine in the country. The institute has played a major role in advancing Unani education through academic activities, clinical training, research initiatives, and scholarly interactions.

Hakim Syed Zillur Rahman, widely acknowledged for his contributions to Unani medicine, medical heritage studies, literature, and history of medicine, addressed faculty members, research scholars, postgraduate students, physicians, and academicians during the session. His lecture highlighted the importance of preserving classical medical knowledge while simultaneously encouraging scientific inquiry, interdisciplinary dialogue, and contemporary relevance of traditional healing systems.

During the lecture, he emphasised the intellectual legacy of Unani medicine and the need to connect classical wisdom with present-day healthcare challenges. He also discussed the role of educational and research institutions in nurturing ethical medical practice, strengthening documentation of traditional knowledge, and promoting evidence-based approaches within indigenous systems of medicine.

The session generated considerable interest among students and scholars, who actively participated in discussions and interactions following the lecture. The audience appreciated the depth of scholarship, historical perspective, and practical insights shared during the programme. Such academic interactions are valuable in motivating young scholars and fostering a deeper understanding

of the philosophical, clinical, and cultural foundations of Unani medicine.

The visit also reflected the continuing engagement between eminent scholars and academic institutions dedicated to the advancement of traditional medical sciences in India. The programme contributed to the broader objectives of promoting intellectual exchange, academic excellence, and preservation of the rich heritage of Unani medicine for future generations.

Ibn Sina Academy, with which Hakim Syed Zillur Rahman is closely associated, has long been engaged in scholarly, educational, literary, and medico-historical activities aimed at preserving and disseminating the legacy of traditional medicine and allied knowledge systems.

The extension lecture concluded with appreciation from the organisers, faculty members, and participants, who acknowledged the importance of such scholarly engagements in enriching academic discourse and inspiring future research in Unani medicine and allied disciplines.

Book Release Ceremony of *Understanding Sir Syed Through His Complete Writings*

Prof. Syed Zillur Rahman presided over the release ceremony of the monumental publication *Understanding Sir Syed Through His Complete Writings*, edited by Dr. Ata Khursheed, held on 25 April 2026 at the Cultural Hall of Maulana Azad Library, Aligarh Muslim University (AMU), Aligarh.

The publication comprises 29 meticulously compiled volumes of the writings of Sir Syed Ahmad Khan, including 20 volumes of Essays, 6 volumes of Letters, and 3 volumes of Articles. The editor, Dr. Ata Khursheed, former In-Charge of the Oriental Division of Maulana Azad Library, has rendered a remarkable scholarly service through his painstaking compilation and editing of these volumes, making a significant contribution to Sir Syed studies.

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The ceremony was graced by Prof. Dr. Azarmi Dokht Safavi, eminent Persian scholar, as the Chief Guest. The Guests of Honour included Prof. Dr. Saghir Afrahim (Department of Urdu), Prof. Dr. Muhib-ul-Haq (Department of Political Science), and Prof. Dr. Nishat Fatima (Department of Library and Information Science), all from Aligarh Muslim University.

In his presidential address, Prof. Syed Zillur Rahman commended Dr. Ata Khursheed's dedication, scholarly rigor, and meticulous editorial work in preserving and presenting the complete writings of Sir Syed Ahmad Khan in an accessible and systematic form. He described the publication as an invaluable resource for researchers, historians, and students of the Aligarh Movement and modern Indian intellectual history.

The programme commenced at 11:00 a.m. with the recitation of the Holy Qur'an and was conducted by Mr. Atif Hanif from Lucknow, who also served as the organizer of the event.

Grand Welcome Ceremony at National Institute of Unani Medicine, Ghaziabad

A warm and gracious welcome ceremony was organized at the National Institute of Unani Medicine (NIUM), Ghaziabad on 2.7.2026, in honour of Padma Shri Hakim Syed Zillur Rahman, the eminent Unani scholar, medical historian, and founder of the Ibn Sina Academy of Medieval Medicine and Sciences, Aligarh. The programme was attended by the Director of the Institute, Prof. Saiyad Shah Alam, along with faculty members, officers, researchers, postgraduate scholars, and staff members, who extended a heartfelt welcome to the distinguished guest.

On the occasion, Prof. Saiyad Shah Alam lauded Hakim Syed Zillur Rahman's unparalleled contributions to the preservation, promotion, and documentation of the rich heritage of Unani medicine. He described him as a guiding force for generations of Unani physicians and researchers whose scholarly works have significantly enriched the history and literature of the discipline.

In his address, Hakim Syed Zillur Rahman expressed his gratitude for the warm reception and appreciated the remarkable progress made by the National Institute of Unani Medicine, Ghaziabad, in the fields of patient care, postgraduate education, and research. He encouraged the faculty and students to uphold the scientific spirit of Unani medicine through evidence-based research, meticulous documentation, and dedication to academic excellence. He also emphasized the importance of preserving classical knowledge while integrating it with contemporary scientific advancements for the benefit of society.

The interactive session that followed witnessed an engaging exchange of ideas between Hakim Syed Zillur Rahman, faculty members, researchers, and postgraduate scholars on the historical evolution, current challenges, and future prospects of Unani medicine. Participants greatly benefited from his vast knowledge and lifelong experience in the field.

The ceremony concluded with a vote of thanks, reaffirming the Institute's commitment to fostering academic interactions with eminent scholars and strengthening the advancement of Unani education, research, and healthcare services.

Prof. Syed Ziaur Rahman (Hony. Treasurer, Ibn Sina Academy)

Most Promising Senior Pharmacologist Award

Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, was conferred with the prestigious "Most Promising Senior Pharmacologist Award" during the Annual Conference of the Medical Pharmacologists Society of India (MPSCON 2026), held at Chandramma Dayananda Sagar Institute of Medical Education and Research (CDSIMER) under the aegis of Dayananda Sagar University, Bangalore during 20th-22nd May 2026. The award was presented in recognition of his significant academic contributions, excellence in pharmacological research, and sustained commitment towards advancing the national pharmacovigilance (PvPI) and

materiovigilance programme of India (MvPI).

During the conference, Dr. Rahman also chaired a scientific session on predictive drug delivery systems. In addition, he delivered an invited guest lecture on “Systems Pharmacology & Network Medicine,” highlighting the emerging role of integrated and computational approaches in understanding disease mechanisms, drug interactions, and personalized therapeutics.

MPSCON 2026, which was attended by delegates, academicians, researchers, and healthcare professionals from across the country, served as an important platform for scientific exchange and interdisciplinary collaboration among pharmacologists and medical researchers, featuring keynote lectures, panel discussions, paper presentations, and deliberations on recent advances in pharmacology and therapeutics.

Following academic program were attended by Dr. Syed Ziaur Rahman

1. Organising Secretary, UP UK APPICON 2026, JNMC, AMU, Aligarh, 3-4 April 2026 (Details on page 13-15)
2. Chaired, KC Singhal and John Autian Orations, XXIII Annual Conference of Society of Pharmacovigilance India (SoPICON 2026), PGI, Chandigarh, 6-8 April 2026. Delivered a guest lecture in another session (Details on page 12-13)
3. Panelist, International Conference on Clinical Trials and Pharmacovigilance in the AI Era: Global Regulatory Developments & Innovations, Convention Centre, Jamia Hamdard, New Delhi, 13.4.2026 (Details on page 15-15)
4. Member, National Advisory Board, International Conference on Agri-Tech, Plant and Health Sciences (ICAPHS-2026), Sanskriti University, Mathura, 24-26 April 2026
5. Delivered, Keynote lecture, International Conference on Agri-Tech, Plant and Health Sciences (ICAPHS-2026), Sanskriti University, Mathura, 24-26 April 2026; Chaired the first scientific session (See pages 19-20)

6. Resource Person, National Faculty Development Programme (FDP): Theme “Next-Generation Therapeutics: Harnessing Artificial Intelligence for Precision Medicine and Drug Delivery”, College of Pharmacy, Integral University, Lucknow, 11.6.2026 (See pages 15-16)
7. Participated in the third Fundamental Research Sub-Committee Meeting held at the Committee Room, Central Council for Research in Unani Medicine (CCRUM) Headquarters, New Delhi, on 20 May 2026.

The meeting was presided over by Dr. Kumarasamy Thangaraj. During the meeting, Dr. Rahman learned that Dr. Kumarasamy Thangaraj, CSIR Bhatnagar Fellow at the Centre for Cellular and Molecular Biology (CCMB), Hyderabad, had been conferred the Padma Shri in 2026 in recognition of his outstanding contributions to science and research. Dr. Rahman extended his heartfelt congratulations and best wishes to Dr. Thangaraj on this well-deserved national honour. The meeting started with the welcome address by Dr. R P Meena, (AD-C) and vote of thanks was delivered by Dr. Ghazala Javed, Director (I/c), NRIUMSD, Hyderabad

Dr. Rahman also paid courtesy call to Dr. N. Zaheer, Director General, Central Council for Research in Unani Medicine (CCRUM) and Prof. Rabinarayan Acharya, Director General, Central Council for Research in Ayurveda System (CCRAS), Ministry of Ayush, Govt. of India.

FUTURE ACTIVITIES/CONFERENCES

World Congress on Pharmacology (WCP 2026)

Under the aegis of Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists, 20th World Congress of Basic and Clinical Pharmacology 2026 (WCP2026), is scheduled from 12–17 July 2026. Large number of world’s pharmacology and therapeutics experts are expected to join

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the conference at the Melbourne Convention Centre in Melbourne, Australia.

Many experts from India are going to attend this conference including Dr. Syed Ziaur Rahman, Dr. Bikash Medhi, Dr. Mukesh Nandave, Dr. Ved Soni, Ms. Zahra Hashemi, Dr. Nidhi Goel, Dr. Ammar Khalid, etc.

DOCUMENTATION

23rd Annual Conference of Society of Pharmacovigilance, India (SoPICON 2026)

23rd Annual Conference of Society of Pharmacovigilance, India (SoPICON) was organized by Experimental Pharmacology Laboratory of the Department of Pharmacology, Postgraduate Institute of Medical Education and Research, Chandigarh under the aegis of Society Of Pharmacovigilance, India and Department of Health Research (DHR), and International Union of Basic & Clinical Pharmacology (IUPHAR) at PGIMER, Chandigarh from 6th, 7th & 8th April, 2026.

Two Pre-Conference Workshops on Pharmacovigilance / Materiovigilance and on Signal Detection was also held on 6th April followed by the main conference during 7th and 8th April 2026 in which, two orations and two best poster and oral presentation, were the highlights of the event.

The pre-conference and main conference witnessed participation from over 200 delegates across India and served as a dynamic platform for scientific exchange and innovation. The event covered diverse and emerging domains in the field of pharmacovigilance.

SoPICON is the annual conference of the Society of Pharmacovigilance, India (SoPI), a non-profit scientific body focused on enhancing medicine safety and rational drug use through education and training. This conference brings together healthcare professionals for scientific discussions, guest lectures, presentations, and training on drug safety issues.

During the conference the Department of Pharmacology of JNMC, AMU, Aligarh marked a significant academic presence at the Postgraduate Institute of Medical Education and Research, Chandigarh.

The Department of Pharmacology actively participated under the leadership of its Chairman, Syed Ziaur Rahman. Adding to the department's achievements, Dr. Puneet Paliwal was awarded the prestigious Uppsala Prize for his poster titled "*Integration of Artificial Intelligence and Machine Learning in Pharmacovigilance: ADR Monitoring in Anti-Tubercular Therapy Using Python Analytics.*". Dr. Swathi G participated in the SoPICON Quiz and won a consolation prize.

Prof. Rahman also delivered an invited lecture on herbogigilance from an AYUSH perspective, where he critically addressed prevalent myths and highlighted both specific and non-specific challenges in pharmacovigilance of traditional medicines. In his capacity as Secretary of the Society of Pharmacovigilance, India, he additionally chaired the two prestigious KC Singhal and John Autian Orations.

Eleven postgraduate students of the department made commendable contributions through a wide range of poster presentations covering contemporary topics such as generic versus branded medicines, adverse drug reactions, drug repurposing, behavioral pharmacology, AI integration in pharmacovigilance, cardiovascular safety of drugs, and emerging biomarkers in clinical decision-making.

Furthermore, five oral presentations of the PGs showcased cutting-edge research, including studies on pharmacovigilance signal generation in thalassemia, pharmacoeconomics of corticosteroid misuse, precision-guided therapy in schizophrenia, microbiome implications in assisted reproductive technology, and the association of thyroid hormones with pulmonary function.

13th Joint Conference of the Uttar Pradesh & Uttarakhand Chapter of the Association of Physiologists and Pharmacologists of India (APPI) - UP-UK APPICON 2026

The 13th Joint Conference of the Uttar Pradesh and Uttarakhand Chapter of the Association of Physiologists and Pharmacologists of India (APPI), titled UP-UK APPICON 2026, was successfully organized on 3rd and 4th April 2026 jointly by the Departments of Pharmacology and Physiology of the Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU). The conference was centered around the theme: “From Cells to Cures: Integrating Physiology and Pharmacology.”

The conference commenced with an inaugural ceremony graced by eminent dignitaries. The Chief Guest, Prof. Naima Khatoon, Hon’ble Vice Chancellor, AMU, highlighted the critical importance of integrating physiology and pharmacology to enhance research quality and improve clinical outcomes.

The Guest of Honour, Prof. Mohd Khalid, Dean, Faculty of Medicine, emphasized the necessity of bridging physiology with pharmacology to ensure safer and more effective patient care. Prof. Anjum Parvez, Principal and CMS, JNMC, underscored that such integration forms the backbone of evidence-based therapeutics.

Prof. Sunita Tiwari, Patron of APPI UP-UK Chapter, stressed the importance of interdisciplinary learning in strengthening medical education, while Dr. Sangeeta Gupta, Joint Secretary, APPI, described the conference as a vital platform for innovation and academic collaboration.

The Organising Chairman, Prof. Mohd Aslam, and Organising Secretary, Prof. Syed Ziaur Rahman, highlighted the significance of integrated scientific approaches in addressing emerging healthcare challenges. The inaugural session concluded with a vote of thanks by Dr. Tanuj Mathur, Joint Organising Secretary.

On this occasion, Lifetime Achievement Awards were conferred upon distinguished

academicians in recognition of their outstanding contributions to Prof. Usha Singhal (Former Dean, Faculty of Medicine); Prof. D.K. Agarwal (Former Chairman, Department of Physiology); Prof. Rahat Ali Khan (Former Chairman, Department of Pharmacology); and Prof. M. Mobarak Hussain (Former Chairman, Department of Physiology).

Four pre-conference workshops were conducted, focusing on contemporary advancements in both disciplines. Sessions on pharmacovigilance and materiovigilance, commemorating 37 years of Adverse Drug Reaction (ADR) reporting (1989–2026) at JNMC and Physiology workshops on Brainstem Auditory Evoked Response (BAER) and Nerve Conduction Velocity (NCV). These workshops aimed to promote interdisciplinary research and enhance clinical application skills.

A vibrant cultural evening followed the inaugural session, featuring a ghazal performance by Mr. Johnny Foster, a renowned music director and singer, which was well appreciated by the audience. The evening concluded with a gala dinner, fostering informal interaction among participants.

The second day of the conference witnessed enthusiastic academic engagement, with participation from over 300 delegates, including 38 distinguished speakers, 140 free oral presentations and 70 poster presentations.

Participants from reputed institutions across the country shared insights into emerging trends and recent advances in physiology and pharmacology. The active involvement of students, researchers, and faculty significantly enriched the scientific deliberations.

The valedictory session was graced by Chief Guest Prof. M. Mohsin Khan, Pro Vice Chancellor, AMU, and Guest of Honour Prof. Vibha Sharma, MIC, Public Relation Office, along with Dr. Sumit Garg, Joint Secretary, APPI UP-UK Chapter, and other distinguished dignitaries.

In his address, Prof. M. Mohsin Khan commended the organizing team for conducting a scientifically enriching and well-coordinated conference. He emphasized the importance of sustained research collaboration and the integration of basic and clinical sciences to advance healthcare delivery. Prof. Vibha Sharma congratulated the organizers and encouraged young researchers to engage in innovative, interdisciplinary, and impactful research.

During the valedictory session, awards were conferred to recognize outstanding research contributions by young scholars. Prof. K. C. Singhal Best Oral Presentation Award and Prof. M. Nasiruddin Best Poster Award. These awards were adjudicated by an expert panel and presented to deserving young scholars.

The session concluded with a vote of thanks by Dr. Tanuj Mathur, expressing gratitude to all dignitaries, speakers, delegates, sponsors, and organizing committee members.

A detailed report of the conference was presented by Prof. Syed Ziaur Rahman, Organising Secretary, highlighting Guest lectures and keynote addresses, Symposiums and panel discussions and Extensive oral and poster presentations. The report emphasized the central theme of the conference and reflected the vision of fostering meaningful dialogue between basic sciences and clinical practice, while capturing the spirit of interdisciplinary collaboration.

The conference concluded on a note of great success and satisfaction. UP–UK APPICON 2026 served as a vibrant platform for academic exchange, interdisciplinary collaboration, and scientific innovation. It reinforced the importance of integrating physiology and pharmacology in advancing research, education, and clinical practice. The event ended with a collective commitment to continue such academic endeavors to inspire excellence and contribute meaningfully to the advancement of healthcare.

International Conference on AI in Clinical Trials and Pharmacovigilance

Prof. Syed Ziaur Rahman, Chairman, Dept of Pharmacology, JNMC, AMU, was invited as an esteemed panelist at the International Conference titled “*Clinical Trials and Pharmacovigilance in the AI Era: Global Regulatory Developments and Innovations*”, held at the Convention Centre Hall, Jamia Hamdard, New Delhi.

The conference convened leading experts from academia, industry, and government organizations to deliberate on the rapidly evolving regulatory landscape, emerging technological innovations, and the transformative role of artificial intelligence (AI) in ensuring the safety, quality, and ethical conduct of clinical research and pharmacovigilance.

During the panel discussion, Dr. Rahman shared his academic perspective on the integration of AI in pharmacovigilance education and practice. He emphasized the importance of building strong foundational knowledge among students, including core concepts such as adverse drug reaction reporting, signal detection, and causality assessment, before introducing AI-based tools.

Highlighting the gap between classroom teaching and real-world pharmacovigilance practices, Dr. Rahman noted that while academic curricula often remain theory-oriented, industry increasingly relies on advanced technologies such as machine learning and automated data systems. He advocated for bridging this gap through curriculum reform, enhanced industry-academia collaboration, and hands-on training opportunities.

Addressing the future of pharmacovigilance education, Dr. Rahman underscored the need to prepare students for AI-enabled environments without compromising critical scientific reasoning and clinical judgment. He stressed that AI should serve as a supportive tool to augment human expertise rather than replace it.

Dr. Rahman's participation along with other distinguished panelists was widely appreciated and contributed meaningfully to discussions on aligning academic training with the demands of a rapidly advancing, technology-driven pharmacovigilance ecosystem.

National FDP on Artificial Intelligence in Healthcare

Dr Syed Ziaur Rahman, Professor and Chairman, Department of Pharmacology, Jawaharlal Nehru Medical College, Aligarh Muslim University, was invited as a Resource Person at a National Virtual Faculty Development Programme organised by the College of Pharmacy, Integral University, Lucknow on June 11, 2026.

The programme focused on Next-Generation Therapeutics: Harnessing Artificial Intelligence for Precision Medicine and Drug Delivery. During the session, Dr Rahman delivered an expert lecture on the application of Artificial Intelligence in pharmacovigilance signal detection and discussed how AI-driven tools such as Machine Learning and Natural Language Processing are transforming drug safety monitoring by enabling the analysis of large volumes of real-world health data.

He highlighted the role of AI in identifying rare and previously unrecognized adverse drug reactions and referred to advanced pharmacovigilance models used by leading international organisations, including the Uppsala Monitoring Centre, the European Medicines Agency and the U.S. Food and Drug Administration.

Emphasising the continued importance of expert oversight, Dr Rahman noted that while AI can significantly enhance signal detection, critical regulatory decisions must continue to rely on scientific judgment and human expertise.

The lecture was attended by 51 participants from across the country, including principals, heads of departments and faculty members. Dr Rahman was also invited as Guest of Honour at the valedictory session of the programme.

Induction Programme for MD (Pharmacology) Residents 2025 Batch

The Department of Pharmacology at Jawaharlal Nehru Medical College, in association with the Medical Education Unit, organized an induction programme for the newly admitted MD (Pharmacology) residents of the 2025 batch. The programme was designed to familiarize the residents with academic expectations, institutional legacy, and their roles in national healthcare initiatives.

The session began in the Seminar Room with the recitation of the Holy Quran by Dr. Ammar Khalid, followed by a welcome address by Prof. Tamkin Khan, Coordinator, MEU, JNMC. Prof. Khan congratulated the new entrants and highlighted the scope and diverse opportunities in the field of pharmacology.

The academic component included a session on the National Medical Commission (NMC) guidelines for postgraduate pharmacology by Dr. Irfan Ahmad Khan. Dr. Syed Ziaur Rahman delivered two insightful lectures; one on the role of residents in national health programmes, particularly the Pharmacovigilance Programme of India and Materiovigilance Programme of India, and another on the life and contributions of Sir Syed Ahmad Khan.

Additional sessions included a presentation on the historical evolution of JNMC and the Department of Pharmacology by Dr. Ahmar Hasan, and an overview of Aligarh Muslim University as an Institution of Eminence by Dr. Jameel Ahmad.

The programme also included the allocation of guides through a "Chit System," followed by the University Tarana and the National Anthem. The event was efficiently conducted by Dr. Isna Rafat Khan.

International Day against Drug Abuse and Illicit Trafficking

On the occasion of the International Day against Drug Abuse and Illicit Trafficking, the

Department of Pharmacology at Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), in collaboration with the ADR Monitoring Centre, Indian Pharmacopoeia Commission (Government of India), organized a significant awareness program under the theme of World drug problem: persisting issues, new challenges, innovative responses, on 18 June 2026.

The event took place in the Department's Demonstration Room and was held as part of the international campaign on how the international community, local and national governments, civil society and the public is working together on innovative responses to reduce demand for and supply of illicit drugs and thus mitigate threats by detecting and identifying drugs and the chemicals used in their illicit manufacture and understanding the chemicals used in the illicit manufacture of drugs, and handling and disposing of them safely. This campaign seeks to educate and mobilize students, faculty, and the broader academic community about the grave consequences of drug abuse and the urgent need for prevention and rehabilitation efforts.

A central feature of the program was an insightful public lecture titled "Pharmacological intervention in substance use disorder", delivered by Dr. Riya Sharma of the Department of Pharmacology, JNMC, AMU. In her compelling address, she shed light on the growing threat of different substance abuse and dependence, especially among the youth. She underscored the scientific mechanism of drug abuse, tolerance, withdrawal and dependence.

While chairing the lecture, Prof. Syed Ziaur Rahman, Chairperson, Department of Pharmacology, highlighted the complex interplay of pharmacological, psychological, and socio-economic factors contributing to drug addiction. Prof. Rahman urged the audience to not only educate themselves but also become proactive ambassadors in promoting a drug-free society. His remarks sparked meaningful dialogue and reflection among the attendees.

The event witnessed the active participation from faculty members and resident doctors including Dr. Jameel Ahmad, Dr. Ammar Khalid and Mr. Gufran Ali.

World No Tobacco Day 2026

In observance of World No Tobacco Day 2026, the Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), Aligarh, organized a public lecture and awareness programme on 2 June 2026 in the Department Seminar Room. The programme was conducted as part of the department's ongoing commitment to promoting public health awareness and encouraging tobacco-free lifestyles.

The highlight of the programme was an informative presentation delivered by Dr. Brahmanakar Nachiket Arun, who addressed the participants on the growing public health burden posed by tobacco consumption. Through a comprehensive and evidence-based presentation, he discussed the various forms of tobacco use and their detrimental effects on human health.

Dr. Arun also highlighted the addictive nature of nicotine and explained how tobacco dependence often begins at a young age. He elaborated on the dangers of passive smoking and the adverse effects of second-hand smoke on children, pregnant women, and non-smoking adults. The audience was further sensitized to the social, economic, and environmental consequences of tobacco production and consumption, which continue to impose a significant burden on individuals, families, and healthcare systems worldwide.

The presentation also focused on tobacco control measures, including legislative initiatives, public health campaigns, warning labels, smoke-free policies, and available cessation strategies. Participants were informed about various methods of tobacco cessation, including behavioral counselling, pharmacological interventions, and support systems available for individuals seeking to quit tobacco use. The importance of healthcare

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professionals in tobacco cessation counselling and advocacy was also emphasized.

In his concluding remarks, Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, underscored the significance of preventive healthcare and the collective responsibility of society in combating the tobacco epidemic. He briefed pharmacotherapy and stressed that increasing public awareness, counselling, strengthening educational initiatives, and encouraging community participation are essential steps toward reducing tobacco-related morbidity and mortality. He urged the participants to serve as ambassadors of health promotion and contribute actively to tobacco control efforts within their communities.

The programme witnessed enthusiastic participation from faculty members, resident doctors, postgraduate students, and non-teaching staff of the department. An interactive discussion session followed the lecture, during which participants exchanged views, raised queries, and shared experiences related to tobacco use and cessation. The programme concluded with a renewed commitment among attendees to support tobacco control initiatives and promote healthier, tobacco-free environments.

Kara'van 2026

The Department of Pharmacology, JNMC, AMU, Aligarh, initiated a series of in-house extracurricular activities under the banner of Kara'van 2026 as part of its ongoing efforts to promote mental well-being and create a healthy, stress-free environment for students and staff. The initiative was designed as a de-stress measure to encourage relaxation, creativity, teamwork, and positive social interaction alongside academic and professional responsibilities.

Through engaging recreational and cultural activities, Kara'van 2026 aimed to foster enthusiasm, strengthen interpersonal bonds, and contribute to the overall holistic development and wellness of participants within the department. Last year the same

programme was well encouraged and went very successful.

Prize Distribution Function of Karavaan 2026 was held on 16th May 2026, where Mr. Khalid Masood, from All India Congress Party, was the chief guest. Earlier, the inauguration function was held at Dept. of Pharmacology, JNMC, AMU, Aligarh on 15th May 2026.

International Nurses Day

Certificate distribution ceremony was held on 12th May 2026 for 21 nursing students, who successfully participated in the workshop on Medication Error organised under the aegis of Ham Sabka Doctor. The event was organized on the eve of International Nurses Day at the Department of Pharmacology under the guidance of Prof. Syed Ziaur Rahman. Dr. Safeena Beevi from the College of Nursing, AMU, Aligarh, was the chief guest.

Avicenna Pharma Quiz 10.0

Preliminary round of the Avicenna Clinical Pharmacology Quiz was held on 6th May 2026 at Department of Pharmacology, where 42 teams appeared.

The Final Round of the 10th edition of the Avicenna Clinical Pharmacology Quiz was held on 7th May 2026. The competition featured six highly competitive teams and included a variety of clinically oriented as well as image-based questions, making the event both intellectually stimulating and engaging for the participants. The enthusiasm, preparedness, and active participation of the students reflected the growing academic interest in clinical pharmacology and rational therapeutics. The top three winning teams were awarded cash prizes along with certificates recognizing their respective positions. In addition, considering the closely contested performances, a special consolation prize was also awarded after conducting tie-breaker rounds, which added further excitement and competitiveness to the event.

The organisers sincerely appreciated the dedicated efforts and excellent coordination of Senior Resident, Dr. Ammar Khalid, along

with all the postgraduate committee members, whose cooperation, hard work, and meticulous planning ensured the successful organization of this landmark 10th edition of the quiz. Their commitment and teamwork played a vital role in maintaining the high academic standards and smooth execution of the programme.

A very special note of gratitude was paid to Misbahuddin Mohammad for his generous support and sponsorship of the event since its inception. His continuous encouragement and patronage over the years have been instrumental in sustaining and strengthening this academic initiative. The Avicenna Clinical Pharmacology Quiz under the aegis of Ibn Sina Academy of Medieval Medicine and Sciences has now become an important academic tradition that inspires students to develop clinical reasoning, pharmacotherapeutic knowledge, and evidence based decision-making skills.

International Symposium on Medical Education

Prof. Syed Ziaur Rahman along with Dr. Mohammad Salman Shah of Jawaharlal Nehru Medical College, Aligarh Muslim University, participated in the symposium “Bridging Excellence in Medical Education Across Continents,” organised by the University of Melbourne at the Melbourne Global Centre, Delhi, on 30th April 2026.

The symposium brought together experts in medical education, healthcare and policy-making to discuss reforms aimed at building resilient and equitable healthcare systems through innovation and global collaboration.

Prof Geoff McColl, President of the Australian Medical Council, and Dr Abhijat Sheth, Chairman, National Medical Commission, addressed the gathering and shared perspectives on medical education reforms and future directions.

During the discussions, Prof Syed Ziaur Rahman highlighted the role of the Medical Education Unit of JNMC in faculty development and strengthening teaching

practices, while Dr Mohammad Salman Shah presented insights into the patient care services and outreach of JNMC.

Their participation was facilitated through the nomination of Dean, Faculty of Medicine, Prof Mohd Khalid, and Coordinator, Medical Education Unit, Prof Tamkin Khan.

Keynote at International Conference on Agri-Tech and Health Sciences

Dr. Syed Ziaur Rahman, Chairman, Dept. of Pharmacology, JNMC, AMU, Aligarh, was invited to deliver a keynote lecture at the International Conference on Agri-Tech, Plant and Health Sciences (ICAPHS-2026), hosted by Sanskriti University, Mathura, during 24-29 April 2026.

His keynote lecture session was presided over by distinguished academicians, including Dr. A. K. Singh, Vice Chancellor of Rani Lakshmi Bai Central Agricultural University; Dr. Abhijit Mitra, Vice Chancellor of Dakshinanchal Veterinary and Animal Sciences University, Mathura; Dr. N. S. Rathore, Former Vice Chancellor of Maharana Pratap University of Agriculture and Technology and former Deputy Director General of Indian Council of Agricultural Research; and Dr. M. B. Chetti, Vice Chancellor of Sanskriti University, Mathura.

In addition to his keynote address, Dr. Rahman also served as a member of the National Advisory Board of the conference, contributing to its academic and scientific direction.

During the conference, Dr. Rahman also presided over a scientific session titled “*Allied Sciences & Biomedical Integration*,” which emphasized the integration of allied health and biomedical sciences to advance nutritional assessment, diagnostics, and translational research. The session featured presentations on diverse and emerging topics including food toxicology, microbiology and safety, proteomics, nutritional biochemistry, metabolism in nutrition research, as well as

biomedical interventions and biomarkers in nutrition-related disorders.

The event witnessed participation from leading researchers, academicians, and professionals, fostering interdisciplinary dialogue and collaboration in the fields of agriculture, plant sciences, and health sciences. Dr. Rahman's contributions were widely appreciated for their academic depth and relevance to contemporary biomedical and nutritional challenges.

Programme on e-Resources

The Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), organised a User Awareness Programme (UAP) on e-resources, focusing on the National Medical Library ERMED Consortium and the Government of India's One Nation One Subscription (ONOS) initiative, on 18th April 2026

The session, featuring interactive lectures and hands-on demonstrations, aimed to enhance information literacy and promote effective use of digital academic resources. Resource person Mr. Aquil Ahmed, Assistant Librarian, JNMC Library, demonstrated access to biomedical literature through ERMED and highlighted the significance of ONOS in enabling wider access to scholarly content.

Earlier, Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, emphasised the growing importance of digital resources in research, teaching and patient care, and the need to improve their utilisation through awareness and training.

The programme saw active participation from faculty members, postgraduate students and researchers, and was appreciated for its practical relevance in strengthening research capabilities.

Tour Report of Padma Shri Hakim Syed Zillur Rahman to Hyderabad – By Dr. Ashfaq Ahmad, NIIMH, Hyderabad

Padma Shri Hakim Syed Zillur Rahman visited Hyderabad from 13-02-2012 to 16-02-2012 in connection with his participation in a workshop conducted by Central Research Institute of Unani Medicine.

During his stay, he visited the prestigious National Institute of Indian Medical Heritage (NIIMH), an institution devoted to research in the history of medicine. He was warmly received by Dr. Ala Narayana and Dr. Ashfaq Ahmad.

The institute, functioning under the administrative control of the Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Government of India, is regarded as a pioneering institution in South and East Asia dedicated to literary and historical research in Indian systems of medicine.

He was also accompanied by Dr. A. Ramachari, a Medical Historian & Retired anaesthetist who also happens to be a distinguished student of Prof. D. V. Subba Reddy.

During discussions with the Director and other scholars, Hakim Syed Zillur Rahman emphasized the importance of the History of Medicine and its continuing relevance in the modern era. He fondly recalled the invaluable services rendered by Prof. Keswani, Prof. D. V. Subba Reddy, and Hakim Abdul Hameed in promoting historical studies in medicine.

He particularly highlighted the pioneering efforts of Prof. Keswani of the Department of Anatomy, All India Institute of Medical Sciences, who established a Department of History of Medicine at AIIMS during 1964–65 despite considerable opposition. Prof. Keswani simultaneously headed both the Departments of Anatomy and History of Medicine, a remarkable achievement in academic medicine.

Hakim Syed Zillur Rahman also recalled that during this period, Dr. Cyril Elgood (1892-1970), a Medical Historian and author of A Medical History of Persia and of the Eastern Caliphate, who also worked on Risala Atshak of Sheerazi and Prophetic Medicine etc., met Prof. Keswani and inquired about Hakim Syed Zillur Rahman. When Prof. Keswani appeared unfamiliar with him, Dr. Elgood expressed surprise that a scholar associated with Anatomy and the History of Medicine was unaware of the author of Tarikh Tashreeh (History of Anatomy), a distinguished work on the history of medicine and anatomy.

Deeply impressed thereafter, Prof. Keswani visited Hakim Syed Zillur Rahman at Jamia Tibbia, Gali Qasim Jan, Delhi. Subsequently, around 1969, Prof. Keswani organized a grand exhibition of Sanskrit, Urdu, Arabic, and Persian manuscripts related to the History of Medicine, which proved to be highly successful.

During the same period, Prof. Keswani succeeded in creating two official posts in the Department of History of Medicine at AIIMS — one for Unani and another for Ayurveda. Hakim Syed Zillur Rahman was appointed to the Unani post and was later succeeded by Hakim Rajendra Lal Verma. Unfortunately, after the retirement of Prof. Keswani and Hakim Rajendra Lal Verma, the Department of History of Medicine at AIIMS could not survive.

Hakim Syed Zillur Rahman further referred to the establishment of the Institute of History of Medicine and Medical Research at Jamia Hamdard, Tughlaqabad, founded by Hakim Abdul Hameed. Its foundation stone was laid by Jawaharlal Nehru in 1964, and it was inaugurated by Mrs. Indira Gandhi in 1969. Over time, however, the institute was reduced to the status of a department. Prof. Razaullah Ansari made significant efforts to uphold and improve its standards, but after his retirement the department gradually declined and was eventually abolished.

In South India, the movement for establishing a Department of History of Medicine gained momentum under the dynamic leadership of Maj. K. N. Rao and Dr. D. V. Subba Reddy after the formation of the Andhra State. Dr. D. V. Subba Reddy, who was then Professor of Physiology at Madras Medical College, joined as Head of the Department on 23-09-1956. In February 1969, the institution was designated as the Institute of History of Medicine and was eventually upgraded to its present status as the National Institute of Indian Medical Heritage (NIIMH).

Today, it remains the only dedicated institute for the History of Medicine among the many institutions initiated by scholars and enthusiasts of medical history. The institute continues to flourish with its newly constructed spacious building and improved infrastructure in Hyderabad.

The Indian Association of History of Medicine was also established under the stewardship of Dr. D. V. Subba Reddy, regarded as the doyen of the History of Medicine in India. Unfortunately, the association became inactive soon after his demise in 1987.

Hakim Syed Zillur Rahman expressed great satisfaction on witnessing the progress made in the field of the History of Medicine at NIIMH, especially in the area of Unani Medicine under the dedicated efforts of Dr. Ashfaq Ahmad and the energetic leadership of Dr. Ala Narayana. He highly appreciated the institute's initiatives in digitizing hundreds of Unani manuscripts and preparing e-books of classical Unani reference works such as Al-Qanun fi al-Tibb and Kamil al-Sina'ah al-Tibbiyyah.

Later, Hakim Syed Zillur Rahman inspected the institute museum and offered several valuable suggestions regarding its maintenance and further enhancement, particularly with reference to Unani medical history.

During his stay in Hyderabad, Hakim Syed Zillur Rahman also paid a brief visit to the

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heritage residence of Mr. Husnuddin, a 90-year-old retired IAS officer, and biographer of Chiragh Ali, a close associate of Sir Syed Ahmad Khan. The visit was accompanied by Dr. Ashfaq Ahmad and facilitated by Prof. Ramachari, whose efforts in arranging the meeting were deeply appreciated.

During the interaction, Mr. Husnuddin spoke about his work in compiling several important contributions to Urdu literature and presented two of his books to Hakim Syed Zillur Rahman. Hakim Zillur Rahman greatly admired his lifelong service to Urdu literature despite the demanding nature of his administrative career.

Hakim Syed Zillur Rahman also visited the Government Oriental Manuscripts Library during his stay and, in keeping with his scholarly interest during travels in India and abroad, purchased several useful books. He interacted with the Director of the library and expressed concern that despite possessing a vast collection of nearly 7,000 historical Arabic and Persian manuscripts, the library had no plans to organize workshops in these important languages. He further emphasized that such a valuable manuscript repository should come under the administrative purview of the Central Government for better preservation and management.

According to Hakim Syed Zillur Rahman, the Hyderabad tour proved immensely successful, opening new avenues of scholarly engagement and introducing him to several eminent personalities.

Hyderabad Visit by Dr. Syed Ziaur Rahman

Prof. Syed Ziaur Rahman, Professor and Chairman, Department of Pharmacology, Jawaharlal Nehru Medical College, Aligarh Muslim University, visited the CCRUM–National Research Institute of Unani Medicine for Skin Disorders (NRIUMSD), Hyderabad, on 16 June 2026. He was warmly welcomed by Dr. Ghazala Javed, Director In-charge, NRIUMSD.

During his visit, Prof. Rahman toured several key facilities of the Institute, including the General Out-Patient Department (GOPD), Pharmacology and Toxicology Laboratory, Drug Standardization Research Unit (DSRU), Radiology Laboratory, BCMB Laboratory, and the Medicinal Plant Garden. He also interacted with faculty members, scientists, researchers, and staff across various departments.

Prof. Rahman highly appreciated the Institute's state-of-the-art infrastructure, advanced research facilities, and comprehensive patient care services. He commended the dedicated efforts of the Institute in promoting excellence in Unani medicine research and healthcare delivery. His encouraging remarks served as a source of motivation for the entire team. Such academic visits and scholarly interactions foster the exchange of ideas, strengthen institutional collaborations, and reinforce the shared commitment to advancing evidence-based research and quality healthcare in Unani medicine.

During his stay in Hyderabad, Prof. Rahman also visited Renova Bibi Cancer Hospital, where he met its Chief Executive Officer, Prof. Mohammad Masood Ahmad. The meeting was facilitated by Dr. Abdussattar, a US-based scientist associated with the National Institutes of Health (NIH), USA. Dr. Abdussattar also accompanied Prof. Rahman on visits to the iconic Charminar and the renowned Salar Jung Museum, providing an opportunity to explore Hyderabad's rich cultural and historical heritage.

Quote from the President, Ibn Sina Academy, Prof. Syed Zillur Rahman

'To sustain our intellectual heritage, we must preserve manuscripts, enrich our libraries, and train dedicated scholars'

'Protect manuscripts, expand libraries, and prepare the next generation of scholars'



CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

61-65 Institutional Area, Janakupri, New Delhi – 110 058 (India) | Tel: 91-11-28521981

E-mail: unanimedicine@gmail.com Website: <http://ccrum.res.in>

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Ibn Sina Academy of Medieval Medicine & Sciences,
Tijara House, Dodhpur, Aligarh-202002, U.P. India
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Professor Hakim Syed Zillur Rahman
Publication Division, IAMMS
Tijara House, Dodhpur, Aligarh-202001, U.P. India
Mobile No. 09358259740
E-Mail: rahmansz@yahoo.com

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