



Newsletter of Ibn Sina Academy (NISA)

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Prof. Syed Zillur Rahman

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Prof. Syed Ziaur Rahman

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Aligarh, India**



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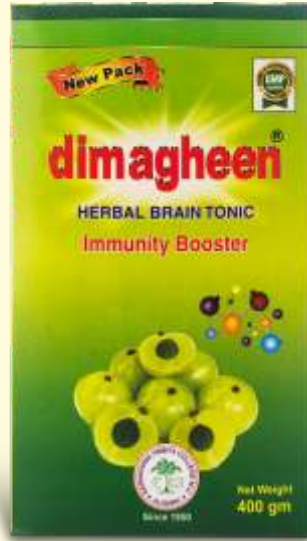
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★ دماغین میں دوائی و غذائی اجزاء سے بھرپور مشہور پھل

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EVENTS AT IBN SINA ACADEMY
(January – March 2024)

**Eighteenth Guest Lecture by
Dr. Khwaja Iftikhar Ahmed**

The Eighteenth Guest Lecture at Ibn Sina Academy was delivered by Dr. Khwaja Iftikhar Ahmed from Delhi on 18.2.2024.

At the very outset, the President of the Ibn Sina Academy, Prof. Hakim Syed Zillur Rahman, welcomed the guest speaker and other invitees. He appreciated the efforts of Dr. Khwaja Iftikhar Ahmed, in coordinating with the Government of India in resolving issues particularly in the interest of minority group of population. He further stated, “we are very happy that Dr. Khwaja Iftikhar Ahmed visited us and accepted our invitation to share his valuable views and insights of his projects. His silent works speak a lot for the nation building.”

Mr. Arshad Ghazi, a close associate of Dr. Khwaja Iftikhar Ahmed introduced the speaker and shared many anecdotes of his long association with him. On behalf of Ibn Sina Academy, Dr. Syed Ziaur Rahman further highlighted the significant works and achievements of Dr. Khwaja Iftikhar Ahmed. “Dr. Khwaja Iftikhar Ahmed did MA, M.Com, M. Ed and PhD. He is a prolific writer and author of twelve books on varied themes of Socio-political significance. His important books are *The Muslim Charter – Mansur-e Muslim; An Indian Muslim, The Meeting of Minds – A Bridging Initiative*. His latest project in hand: *Temperament -The real issue*. He is the Founder President of Inter Faith Harmony Foundation of India, which is a forum for Inter Faith and Inter Civilization Dialogue floated on behalf of Indian Muslims in 2005 and Secretary General of the Society for promotion of Indian Education and Culture. He is also a National Convener of the India First Group of Muslim Intellectuals.”

Dr. Iftikhar Ahmed is a regular invitee by many organizations leading the World Interfaith Summits and Meetings. He made immense contribution in nation building and

was a part of a delegate, “Summit on Initiatives for Protecting the Youth from Extremist and Violent Ideologies: Implementation Measures” held at UN Headquarters, Geneva (Switzerland) in 2021. Likewise, he represented Civil Society of India in 2015 for the White House Summit on Violent Extremism, Chairman of the Journalists Delegation to Israel in 2007 and Observer of the World Millennium Peace Summit, United Nations, New York in 2000. He organized and served as convener of the First South Asia Interfaith Harmony Conclave in 2007 and National Series of Interfaith Dialogue in 2009.

During his lecture, he briefed his experience working diplomatically as close associate with two former Prime Ministers of India Mr. P.V. Narsimha Rao and Mr. Atal Behari Vajpayee. He shared his efforts in bringing interfaith harmony and unity in India specially in bringing Muslims in the mainstream of Indian cultural diversity.

Dr. Iftikhar Ahmed, expressed his happiness to meet many guests at Ibn Sina Academy. “It was more than a treat to have met so many people in a highly educative and hospitable environment. The event is so well organised and I am grateful to Hakim Sahib and his son for hosting it and giving me the opportunity to interact with a unique clientele and audience. The collection of books, antiques and other treasures at Ibn Sina Academy is remarkable that speaks volumes of the efforts that have gone into raising this Academy. Indeed, it was a highly enlightening and enriching experience for me visiting Aligarh. I pray to Almighty Allah to grant Hakim Sahib longer life with good energy level and running health. I salute the selfless service to the community and country. This class of people in the community unfortunately is diminishing! May we have similar people in India for our nation building?”

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Mentorship & question answer session for students of SSGE Scholarship

School Support Group for Education (SSGE) Core Team based at Ibn Sina Academy, organised a mentorship and question answer session for students on 5 January 2024. The program was started with the recitation of holy Quran by Master Abu Huraira, followed by motivational speech by Dr. Manzar Jamal (Former Principal, Minto Circle School, AMU, Aligarh) and by Engineer Hasan Siddiqui from Australia (Online mode) on How to hone soft skill. Q&A session was taken by Chief Guest of SSGE Core Team Engineer Rizwan Ullah Khan from Silicon Valley, USA. A large number of students beneficiaries and their parents including the core team members of SSGE: Dr. Syed Ziaur Rahman, Dr. Misbahuddin Azhar, Engineer Adnan Hafiz, Dr. (Mrs.) Rehana Ahmad, Mr. Fareed Nazim Farooqui and Mr. Ahmad Raza were present.

Ibn Sina Academy remembers Prof. Fasih Ahmad Siddiqui

A condolence meeting was held at Ibn Sina Academy, to mourn the sad demise of Prof Fasih Ahmad Siddiqui, former Chairman of the Department, who left for heavenly abode on March 25, 2024.

Prof. Hakim Syed Zillur Rahman, President, Ibn Sina Academy, in a condolence meeting on the sad demise of Prof. Fasih Ahmad Siddiqui, said, "he is quite disturbed after listening the news". Fasih Sahib was very close to the Academy since its inception. He used to participate in almost all the functions and chaired few of the occasions. Though, he was associated with the Dept. of Chemistry, AMU after taking the doctorate degree in Chemistry, but his love for Urdu poetry was amazing! He was nephew of the famous Urdu satire and writer, Prof. Rasheed Ahmad Siddiqui. Prof. Fasih Siddiqui was born in 1937 in Lucknow and did MSc in Chemistry from Lucknow University. His autobiography "*Yaadon Ki Mahek*" was published by the Universal Book House in 2000.

Prof. Abdul Latif, Joint Secretary, Ibn Sina Academy, said, "We have lost an academician and researcher who showed keen interest in the academic activities on the whole University campus. He highlighted the academic services rendered by Prof Siddiqui to the academic and research activities.

Prof. Syed Ziaur Rahman, while remembering Prof. Fasih Ahmad Siddiqui, mentioned that he was the father of his class-mate Mr. Farhan Ahmad Siddiqui, who is settled in USA. Dr. Rahman also told that he had a good connection with Mr. Nadeem Ahmad Siddiqui, who's the nephew of Prof. Fasih Ahmad Siddiqui and settled in Sydney (Australia). Mr. Farooque Ahmad Siddiqui was the elder son of Prof. Fasih Siddiqui.

The staff members of the Academy prayed for the departed soul and expressed sympathy with the bereaved family members.

Condolence Meeting for Mr. Shafiqur Rahman Barq

Ibn Sina Academy held a condolence meeting on the sad demise of India's oldest Member of Parliament (MP) and Samajwadi Party leader Shafiqur Rahman Barq, who died on...at the age of 94 at a private hospital in Moradabad after a prolonged illness.

Prof. Hakim Syed Zillur Rahman, while remembering his meetings with him, said, "the demise of senior Samajwadi Party leader and several-time MP Mr. Shafiqur Rahman Barq Sahib is extremely sad. May his soul rest in peace". "May the bereaved family members get the strength to bear this immense sorrow. Heartfelt tribute!" he added.

Prof. Syed Ziaur Rahman also condoled the demise of Barq Sahib. He said, "Barq Sahib had been a four-time MLA, was elected MP from Sambhal for the fifth time in 2019 and was court member of Aligarh Muslim University". Coincidentally, his nephew Dr. Khwaja Iftikhar Ahmed from Delhi delivered the 18th Guest Lecture at Ibn Sina Academy on 18.2.2024.

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DISTINGUISHED VISITORS

Foreign delegates of AYUSH Conclave

A team of thirteen delegates from Germany, Iran, Sri Lanka and Bangladesh, comprising of teachers and research scholars visited Ibn Sina Academy on 7.2.2024, and took a tour around the museum galleries, including its library. They showed keen interest in all the artefacts extant at the Academy. The delegation was arranged by Hakim Mohsin Delhvi, who also organised International AYUSH Conclave at Jamia Millia Islamia, New Delhi under the aegis of World Unani Foundation, during 3-5 February 2024. The significant members of the foreign delegates were Dr. Mahdi Alizadeh Vaghasloo, Dr. Fatemeh Nejat Bakhsh, Dr. Abolfazl Hakimmelahi, Dr. Seyedeh Mahnaz Karimi, Dr. Elham Mohammad Khanlou and Dr. Narges Tajik from the Dept. of Traditional Persian Medicine, Tehran University of Medical Sciences, Tehran (Iran); Prof. M.U.Z.N. Farzana from Dept. of Niswan wa Qabalat, Institute of Indigenous Medicine, University of Colombo, Rajagiri (Sri Lanka); Dr. I. Al Tharique, Director, Unani Research Hospital, Batticaloa (Sri Lanka) and Prof. Dilek Kilic (Heidelberg, Baden-Württemberg, Germany).

Delegates of the International Conference on Safety of Medicines

Quite a few numbers of delegates of the International Conference on Safety of Medicines & 21st Annual Conference of the Society of Pharmacovigilance India (SOPICON 2024), visited the Academy on 11.2.2024 including Dr. Peter Hjelmström (Director/CEO of Uppsala Monitoring Centre, Uppsala, Sweden) and Dr. Joan D'souza (Pharmacovigilance physician and consultant, Switzerland).

Delegates, Refresher Course in Library & Information Science

Delegates, Refresher Course in Library & Information Science, UGC Human Resource Development Centre, Aligarh Muslim University, Aligarh, visited on 5.3.2024. The Director, Dr. Faiza Abbasi, arranged this visit

under the supervision of the Course Coordinator, Prof Nishat Fatima Zaidi.

Dr. Yvonne Yirenyiwaa Esseku, Rector of the Ghana College of Pharmacists, Ghana, visited the Academy on 9.2.2024

Dr. Mohammad Hossein Ayati, Vice-Chancellor for Global Strategies and International Affairs, Tehran University of Medical Sciences, Tehran, Iran, visited the Academy on 9.2.2024

Prof. Luqman Khan, Former Vice Chancellor of Maulana Mohammad Ali Jauhar University, Rampur, visited the Academy on 25.2.2024

Prof. Baharul Islam Ahmed, Head of the Department of Pharmaceutical Chemistry, School of Pharmaceutical Education and Research (SPER), Jamia Hamdard, New Delhi, visited the Academy on 2.3.2024

Prof. Vinod Bhardwaj, Head of the Dept. of Pharmacology, Shaheed Hasan Khan Mewati Medical College (SHKM-Govt. Medical College), Nalhar (Nuh, Haryana) and *Prof. Mohit Patnaik*, Dept. of Pharmacology, NCR Medical College, Meerut, visited the Academy on 15th March 2024

MEMBERS' ACTIVITIES

Prof. Syed Zillur Rahman, President, *Ibn Sina Academy*, was honoured by *Dayar-e Adab, Aligarh*.

Dayar-e Adab, Aligarh, arranged a symposium on Urdu language on 1.2.2024. In the symposium, the current status of the Urdu language was discussed. On the same occasion, the founder of the Dayar-e Adab, Dr. Owais Jamal Shamsi, praised the efforts of Hakim Syed Zillur Rahman in the field of Urdu and presented a shawl to him as mark of respect. The program was attended by many speakers including Mr. Abdul Latif Khan, Mr. Intiaz Khan, Mr. Anzar Sabri, Mr. Neeraj Das, Mr. Harwendra Singh, Mr. Nisar Ahmad, Mr. Mohd Ahmar, Dr. Iqbal Afridi, Mr. Jawed Lodhi and Mr. M. Tariq Gandhi.

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Prof. Hakim Syed Zillur Rahman has also been invited in the following events:

1. Invited to attend the Executive Committee Meeting of the Anjuman Tarrāqi Urdu (Hind), Urdu Ghar, New Delhi, 23.2.2024
2. Chief Guest, One day seminar under the aegis of Old Boys' Nadwatul Ulema at Darul Uloom Muhammadiyah, Meel Kherla, Nuh, Mewat, 10.2.2024
3. Chief Guest, Blood Donation Drive (Theme: Life Line Drive) and Poster Making Competition (Theme: Artery in Artistry), organized by Smile India to Aspire (Trust), which was held at Arts Faculty Lawn, AMU, Aligarh, on 29.2.2024. The aim of the 'Blood Donation Drive' was to address the critical shortage of blood supply in the community and to save lives, while the aim of the poster making competition was to encourage artistic expression about the importance of blood donation and to provide the opportunity for participants to showcase their creativity and contribute to the cause through their artwork. Prof. Rahman congratulated the organizer Mr. Saif Ali, President, Smile India to Aspire (Trust).
4. Chief Guest, Insaniyat Nawaz Symposium on Tibb-e Unani, Philosophy and Spirituality, Khanqah Insaniyat Nawaz, Khajoori, Meerut, 1.1.2024. The symposium was organized by Hakim Maulana Sufi Athar Shah and attended by large number of participants including Mr. S.H. Zahid Jamal (Protocol In-charge, Ibn Sina Academy), Mr. Adil Khan (PRO, Ibn Sina Academy, Aligarh), Maulana Saud Nadvi, Dr. Mehar Alam Khan (Shahjahanpur), Sufi Akbar, Israrul Haq Israr, Syed Mairajuddin (Phalauda), Syed Munawwar, Hakim Mufti Aziz (Kirana), Hakim Mustafa (Chandpur) and Hakim Wajid Falsafi (Kithore).

Prof. Zakia Ather Siddiqi, Hony. Vice President, Ibn Sina Academy, has been awarded for the "Leaders of Bharat 2024, in the category of Women Empowerment through Education. She was selected for her exceptional work and outstanding

contribution and services in the field of education and especially women's education. The function was held at Vigyan Bhawan, New Delhi, on 29.2.2024.

Prof. Syed Ziaur Rahman, Hony. Treasurer, Ibn Sina Academy, was invited as guest speaker in the following events:

1. Guest Lecture on Reference Management Tools, Dept. of Pharmacology, BRDMC, Gorakhpur, 24.3.2024
2. Resource Person, Two-days CME on 'Current Trends in Pharmacovigilance of ASU&H Drugs', IPvC for Siddha Drugs, National Institute of Siddha (NIS), Chennai, 13.3.2024.
3. Advisory Board Member, International Conference on novel paradigms in pharmaceutical sciences – An approach for healthier world, Pharmacy Institute of Integral University, Lucknow in association with DST- SERB and UP-CST, 9-10 March 2024
4. Resource Person, Capacity Building Program for Pharmacovigilance Personnel of ASU & H Drugs working in Peripheral Pharmacovigilance Centres (PPvCs), IPvC for Unani Drugs, National Institute of Unani Medicine (NIUM), Bangalore, 24.2.2024
5. Invited Lecture on 'Importance of Pharmacovigilance of Unani Drugs', Six-days CME (19-24 February 2024) for the teachers of Ilmul Advia under the Ayurgyan Scheme of M/o Ayush, GOI, SUMER, Jamia Hamdard, New Delhi, 23.2.2024
6. Resource Person, CME cum Awareness Programme on Pharmacovigilance of ASU and H Drugs, PPvC, AKTC, AMU, Aligarh, 19.2.2024

Following awards and honours were conferred on Dr. Syed Ziaur Rahman

1. Guest of Honour, Valedictory Function, Two-days CME on 'Current Trends in Pharmacovigilance of ASU&H Drugs', IPvC for Siddha Drugs, National Institute of Siddha (NIS), Chennai, 13.3.2024

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2. Member, Fundamental Research Committee, Central Council for Research in Unani Medicine, Ministry of Ayush, Govt. of India, **New Delhi**
3. VC Nominee, University of Kashmir, General Selection Committee under CAS (Professor and Associate Professor) for Department of Pharmaceutical Sciences, School of Applied Sciences & Technology, **Srinagar, J&K** 25.1.2024
4. Member, Research and Development Committee (RDC), Faculty of Pharmacy, Integral University, **Lucknow**, 30-31 January 2024
5. Member, Core Committee, Nodal DRTB Centre and DOTS Centre, JN Medical College Hospital, AMU, **Aligarh**, 8.2.2024
6. Member, Jamia Hamdard Institutional Ethics Committee (JH-IEC under CDSCO), Jamia Hamdard, **New Delhi**
7. Clinical Secretary, Aligarh IMA CON, **Aligarh**, 3.2.2024
8. Organising Secretary, International Conference on Safety of Medicine & 21st Annual Meeting of the Society of Pharmacovigilance, India (SOPICON 2024), Dept. of Pharmacology, JNMC, AMU, **Aligarh**, 10-11 February 2024

In the last quarter of the year (January-March 2024), Dr. Rahman in an official capacity was invited to the following academic institutions:

1. School of Pharmaceutical Education and Research (SPER), Jamia Millia Islamia, New Delhi, 29.3.2024
2. School of Unani Medicine Education and Research (SUMER), Jamia Hamdard, New Delhi, 23.2.2024
3. Integral Institute of Medical Sciences and Research, Integral University, Lucknow, Uttar Pradesh, 18-21 March 2024
4. Shaheed Hasan Khan Mewati Govt. Medical College, Nalhar, Nuh (Haryana), 26-28 March 2024
5. Soban Singh Jeena Government Institute of Medical Sciences and Research, Almora (Uttara Khand), 9-11 March 2024
6. Baba Raghav Das Medical College, Gorakhpur, 22-24 March 2024

7. NIMS Institute of Medical Science, Jaipur (Rajasthan), 26-29.2.2024
8. KM University, Mathura (UP), 27.1.2024
9. Kalka Group of Institutions, Meerut, 14.2.2024
10. IPvC for Siddha Drugs, National Institute of Siddha (NIS), Chennai, 13.3.2024
11. IPvC for Unani Drugs, National Institute of Unani Medicine (NIUM), Bangalore, 24.2.2024
12. PPvC, Ajmal Khan Tibbiya College, AMU, Aligarh, 19.2.2024

**Fellowship / Scholarship and
Forthcoming conferences /
Seminars / congresses**

**Postdoctoral Fellowship Opportunity:
"Astral Sciences in Trans-Regional Asia"**

The Max Planck Research Group "Astral Science in Trans-Regional Asia" at the Max Planck Institute for the History of Science (MPIWG) in Berlin invites applications for a 12-month Postdoctoral Fellowship position (stipend) starting from September 1, 2024.

ASTRA studies the transmission, translocation, and transcreation of astral knowledge in Asia. The researchers in this group use philological, mathematical and sociohistorical methods to explore this rich intellectual tradition.

Early-career scholars with a strong research background in the history of astral sciences, particularly in Southeast or Central Asia are encouraged to apply. Applications are also welcome from researchers with expertise in other geographical areas, provided their work aligns with ASTRA's core interests. *ASTRA encourages applications from highly motivated young scholars passionate about exploring the history of astral sciences in Asia.*

Review detailed information about ASTRA and the application process:

<https://www.mpiwg-berlin.mpg.de/news-events/career/opportunities/> under Post-doctoral Fellow ("Astral Science in Trans-

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Regional Asia"). Submit your application by the deadline: May 1, 2024 (23:59 CEST).

If any question, contact Dr. Anuj Misra
Senior Research Scholar, Dept. III Artifacts,
Action, Knowledge, Max Planck Institute for
the History of Science, Boltzmannstraße 22,
14195, Berlin, Germany. Email:
amisra@mpiwg-berlin.mpg.de

27th International Congress of History of Science and Technology

As many of you know, the International Union of History and Philosophy of Science of Science and Technology will be holding its 27th International Congress of History of Science and Technology, from 29 June to 5 July, 2025 in Dunedin, New Zealand. The theme is Peoples, Places, Exchanges and Circulation. The website for the conference is: <https://www.ichst2025.org/>.

Please bear in mind that the congress in 2025 will take place in a hybrid format with in-person panels, fully virtual panels, as well as hybrid panels. At the moment, CHOSTIS is teaming up with three separate groups for joint symposia.

1. Joint symposium with the International Academy of the History of Science. The title for that panel is: "Networks of knowledge in Eurasia and North Africa between 1200 and 1700."

2. Joint symposium with the Commission for the History of Ancient and Medieval Astronomy. Title to be decided after receiving submissions.

3. Joint symposium with the Scientific Instruments Commission. Again, title to be decided after receiving submissions.

Commission members who would like to present as part of any of these symposia (papers of approximately 15-20 minutes in length), should send Nahyan Fancy, n.fancy2@exeter.ac.uk, their paper titles and 250 word abstract (in English).

Please also indicate in your submission the symposium for which you would like to be considered, and also whether you plan to be physically present in Dunedin for the congress or are hoping to participate virtually.

Finally, if you would like to present at the congress under the banner of CHOSTIS but your research does not fit into any of the three joint symposia, please submit your title and abstract too and indicate that it does not fit any of the three joint symposia. If we have enough submissions (minimum 3 needed for a 90-minute, one panel symposium), CHOSTIS will organize an additional, 4th symposium to accommodate those papers.

Submitted by: Nahyan Fancy
on behalf of the CHOSTIS Governing Council

Asia Pacific Association of Medical Journal Editors (APAME) 2024 Annual Meeting, 29-30 August, Newcastle, NSW, Australia

Registration for the upcoming 2024 Asia Pacific Association of Medical Journal Editors (APAME) annual conference, to be held in Newcastle Australia from 29-30 August, is now open on the website link below.
<https://apameditors.org.au/conference-info/>

For conference Abstracts/Posters, see this link.
<https://apameditors.org.au/call-for-abstracts/>

Please review the Conference Info tab; Registration to the 2 day conference (Early Bird registration) is currently open. Transport to and from Sydney, Visa information, and if you require a formal invitation, there is a form for you to complete under "Invitations Tab".

We sincerely hope you can join the conference and registrations will close when we have filled the seating of the venue.

Submitted by:
Jose Florencio F. Lapeña Jr.
Retired Professor, *University of the Philippines Manila*
Email: lapeñajf@upm.edu.ph jflapena@up.edu.ph

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27th International Congress of History of Science & Technology

The International Congress of History of Science and Technology, held every four years, is the world's premier meeting for history of science and technology. The 27th Congress will be held as a hybrid in-person and online event at the University of Otago's Dunedin campus in 29 June to 5 July 2025.

Delegates registered for virtual participation will be able to both present and attend online. The Congress will bring together a diverse group of the world's leading scholars and students in the fields of history of science, technology, and medicine as well as related disciplines. It will be the first time the Congress has been held in Australasia and only the second time in the Southern Hemisphere.

We are planning for upwards of 1000 delegates (most of them in-person) to participate in an exciting programme, themed Peoples, Places, Exchanges, and Circulation. One of the most important trends in the field of the history of science, technology, and medicine has been a move towards more integrated, expansive, and connected histories that seek to include the participation of the entire world. Our Congress theme strives to further this development and to link different disciplines and perspectives. We also want to provide an opportunity for Indigenous voices, particularly those of Māori, to be heard.

The Congress theme emphasizes the importance of situating local knowledge and practices in specific contexts as well as local or regional history of science, technology, and medicine in a global context. What difference does a global perspective make for local, national, and regional studies in the history of

science, technology, and medicine? How are local and global contexts related? How do local histories change if they are analyzed using a different scale of analysis, for example a regional or global framework?

The theme, however, also stresses the importance of circulation or back-and-forth movement across borders involving encounters and exchanges. We seek contributions that explore movement or flow between regions, cultures, or societies, specifically the circulation, exchange, and transit of knowledge, techniques, texts, peoples, and material objects. How has this interaction resulted in new configurations in the history of science, technology, and medicine? Nevertheless, circulation does not mean that flows are always smooth.

For more details please visit: <https://www.ichst2025.org/>. The call for Symposia proposals is currently open and taking submissions until 1 May 2024.

DOCUMENTATION

Three-Day Training Program on Youth Positive Mental Health Through Life Skills, Women's College, AMU

**By: Sheeza Shoeb
Member, Ibn Sina Academy**

From the 4th to 6th of March, 2024, AMU's Women's College delved deep into the intricacies of mental health and life skills.

More explicitly, the inaugural function, gracefully initiated by Dr. Heena Parveen, provided a warm welcome to all participants, setting a tone of inclusivity and collaboration. Prof. Shah Alam, the erudite coordinator of the event, eloquently introduced the theme, emphasizing the critical need for proactive measures to address mental health challenges among youth through the cultivation of essential life skills. Prof. Naima Khatoun, the esteemed Principal of Women's College, delivered a poignant address, underscoring the urgency of mental health awareness and advocacy efforts. The keynote address by Prof. Mirza Asmer Beg, Dean of the Faculty of Social Sciences, provided profound insights into the societal influences on mental well-being, urging us to preserve non-materialistic cultural values. The function concluded with a

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heartfelt vote of thanks by Dr. Eisha Rahman, expressing gratitude to all participants and contributors. Subsequently, a brief interlude of a delightful high tea break provided attendees with an opportunity to network and recharge. Energized and invigorated, we seamlessly transitioned into the main sessions of the workshop, eagerly anticipating the insights to come from our esteemed resource persons.

Particularly, on the Day 1, March 4, 2024, Dr. Gauri Shankar, a distinguished Professor of Clinical Psychology from NDDTC AIIMS, New Delhi, guided us through a profound discussion on prejudice, discrimination, and mental health challenges. This insightful session was followed by Prof. Rashid Nihal, an esteemed faculty member from the Department of English at AMU, who illuminated the powerful link between communication skills and mental well-being. Later, Prof. Masoom Raza, a renowned Professor from the Department of Library Sciences at AMU, presented a meticulous scientometric study on mental health research trends in North India, offering valuable insights into emerging areas of focus. The day concluded with reflections on the wealth of knowledge shared, leaving us inspired and eager for the days ahead.

The second day, i.e., March 5, 2024, commenced with the lecture by Dr. Akbar J. A. Syed, an esteemed assistant professor of English and his team, who eloquently dissected the language barriers in mental health discourse, urging us to bridge the communication gap for better understanding and support. This was followed by Prof. Khalid Azam, a sage in management studies, who delivered a masterful discourse on time management as a cornerstone of mental well-being, equipping participants with invaluable strategies for productivity and balance. This day concluded with the insightful address by Dr. Ekram Khan, an authority in electronics, who illuminated the impact of social media on mental health, guiding us in navigating the digital landscape responsibly and mindfully.

On the final day that is Day 3, March 6, 2024, we were honored to hear from Prof. Mirza Asmer Beg, a venerable scholar from the Department of Political Science at AMU, who elucidated the intricate dynamics between political influences and mental health, underscoring the need for societal support systems. This was followed by Prof. Romana N. Siddique, a distinguished psychologist from the Department of Psychology at AMU, who explored social cognition as a fundamental life skill for navigating social interactions with empathy and understanding. Lastly, Dr. Deo Shree Akhori, a respected psychiatrist from JNMC AMU Aligarh, concluded our workshop with a compelling discussion on individual actions for mental health care, inspiring us all to prioritize our well-being. The day concluded with a sense of gratitude for the enlightening discussions and a commitment to implementing positive changes in our lives.

International Conference on Safety of Medicines & 21st Annual Conference of Society of Pharmacovigilance, India (SoPICON 2024) – 10-11 February 2024

By: Syed Ziaur Rahman
Hony. Treasurer, Ibn Sina Academy

International Conference and 21st Annual Conference of the Society of Pharmacovigilance, India (SoPICON 2024) was held during February 10th–11th, 2024, at the Jawaharlal Nehru Medical College & Hospital. Hosted by the institution's pharmacology department, the conference served as a vital platform for fostering dialogue and collaboration among leading experts in the field. The theme, "Safety of Medicines", resonated deeply, highlighting the collective responsibility to ensure the judicious use of both established and emerging therapies.

In this report, we delve into the key highlights and insights gained from SoPICON 2024, exploring the multifaceted landscape of pharmacovigilance.

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From the role of artificial intelligence in revolutionizing pharmacovigilance practices to the importance of good pharmacovigilance practices and benefit-risk assessment and many more, this conference report aims to encapsulate the essence of the discussions that unfolded during the symposium speeches.

At the inauguration, the official souvenir of the conference was released amidst grand applause followed by the addresses of the chief guest, the guests of honour and the members of the organizing committee.

The Chief Guest, Dr. Peter Hjelmström, Director/CEO of Uppsala Monitoring Centre, Sweden, provided insightful information, and important facts and figures on Pharmacovigilance. He reiterated the importance of pharmacovigilance. He emphasized that the UMC, the global apex centre of pharmacovigilance, was diligently monitoring the safety of pharmaceuticals and adverse drug reaction reporting. He mentioned that India is a significant player in the pharmaceutical and healthcare sectors, but there is still a long way to go in adverse drug reaction reporting and monitoring. He expressed gratitude to SoPI and the Department of Pharmacology, JNMC, AMU, for organizing the event and their productive efforts in this regard. He said that he was grateful to have been invited here to present his insights and hear from other experts.

Dr. Joan D'souza, an International PV consultant from Switzerland, expressed gratitude to the organisers, particularly Prof. (Dr.) Syed Ziaur Rahman, for inviting her to speak at the conference. She mentioned her enthusiasm to gain knowledge about the Indian situation and exchange her perspectives from the US and European nations.

Dr. Yvonne Yirenyiwaa Esseku, the Rector of the Ghana College of Pharmacists, expressed gratitude to the organisers for inviting her to speak at the occasion. She emphasized the importance of international

events in promoting awareness about Pharmacovigilance and the safety of pharmaceuticals. She stated that the conference aims to inspire aspiring pharmacologists and other professionals to enhance their understanding of pharmacovigilance and promote productive debates and partnerships. She expressed gratitude for learning about photovoltaics on a global and Indian scale and for being able to share her perspective and experiences in Ghana.

Prof. Veena Maheshwari, the Dean of the Faculty of Medicine at JNMC, AMU, highlighted the importance of prioritising patient safety and pharmacovigilance in her opening speech. She emphasized the historical origins of pharmacovigilance, linking it to the Thalidomide tragedy, which resulted in over ten thousand children being born with phocomelia after their mothers were given thalidomide during pregnancy. She recalled her undergraduate days when she learned about Pharmacovigilance from Prof. K.C. Singhal, who popularised the subject in India.

Professor Mohammad Gulrez, the officiating Vice-Chancellor of AMU, expressed gratitude and delight for the institute being selected as the host for this worldwide event. The conference offers a chance to engage in discussions with renowned experts and enhance knowledge in the areas of Pharmacovigilance and appropriate medication use.

Prof. Syed Ziaur Rahman, in his roles as the Secretary of SoPI, the Organising Secretary of the Conference, and Chairman of the Department of Pharmacology at JNMC, AMU, warmly welcomed all attendees. He stated that the conference would act as a guiding light for sharing knowledge and ideas in the field of pharmacovigilance. SOPICON 2024 aims to expand academic perspectives and facilitate networking, collaborations, and conversations focused on guaranteeing the safety of pharmaceuticals for worldwide populations.

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Dr. Sandeep Agarwal, the president of the Society of Pharmacovigilance in India, greeted all the esteemed guests and participants at the Conference. He extended a welcome to all delegates at the event on behalf of the Society of Pharmacovigilance (SoPI) India. He expressed gratitude to the attendees for their presence at the conference and emphasized the importance of prioritising medication safety and patient well-being. He further commended the Department of Pharmacology at Jawaharlal Nehru Medical College, Aligarh for its longstanding reputation for excellence in research and instruction. He stated that AMU is privileged to hold the 21st annual conference of the Society of Pharmacovigilance, India. He expressed gratitude to Prof. (Dr.) Syed Ziaur Rahman, for undertaking the significant responsibility of organising a large event on short notice. We influence the future of pharmacovigilance by combining our collective experience and shared knowledge.

Dr. Jameel Ahmad, the Joint Organising Secretary, urged all participants to actively participate in talks, provide unique thoughts, and expressed confidence that by working together, they could strengthen their dedication to ensuring the effectiveness and safety of pharmaceuticals. He anticipated that this conference would spark innovative techniques that would improve worldwide public health.

John Autian and K. C. Singhal Orations
Every year in the honour of the two greats figures in Pharmacovigilance- Dr. John Autian and Prof (Dr.) K. C. Singhal; two eminent speakers and pharmacovigilant experts, for making efforts and significant contributions in the field of Pharmacovigilance, are conferred with the prestigious John Autian and K.C. Singhal oration awards where for each oration, an expert delivers a speech.

This year, the K.C. Singhal oration was given by Dr. Peter Hjelmström, Director & CEO, UMC, Sweden and was chaired by Prof K. C. Singhal (Aligarh) and Dr. Joan D'souza

(Switzerland). The John Autian oration was given by Dr. Joan D'souza, Intl. Consultant PV, Switzerland and was chaired by Dr. Peter Hjelmström (Director UMC, Sweden) & Dr. Sandeep Agarwal (President, SoPI).

Conference Lectures

The conference featured presentations by pharmacovigilance specialists on several facets of pharmacovigilance.

The first session was chaired by Prof. Seema Rani (Sonapat) & Prof. Sunita Singh (Delhi). In this session, three guest speakers covered following topics. Dr. Ratinder Jhaj of AIIMS Bhopal discussed AI in pharmacovigilance. Pharmacovigilance uses AI technologies like ML, Deep Learning, and NLP to find unreported adverse events, Individual Case Safety Reports (ICSR), assess causation, and detect signals. PV data is difficult to use yet contains essential information. Traditional programming cannot solve data processing problems; hence AI is used.

Dr. Yvonne Yirenyiwaa Esseku, Rector of Ghana College of Pharmacists, spoke about pharmacovigilance and the critical nexus between community pharmacy practice and medication safety. Her talk showed that encouraging community chemists to use their skills reduces needless damage.

Dr. Manoj Sharma, Assistant General Manager and Head of the Global Pharmacovigilance Department of Win-Medicare Pvt. Ltd. in New Delhi, highlighted Good Pharmacovigilance Practices and Benefit-Risk Assessment. Post-authorization pharmacovigilance is needed due to insufficient benefit-risk balance in pharmaceutical development. The Good Pharmacovigilance Practices address clinical drug safety issues.

The special session on Materiovigilance was chaired by Dr. V. Kalaiselvan (Senior Principal Scientific Officer and Incharge, MvPI, IPC, Ghaziabad), Dr. Vandana Roy (MAMC, New Delhi) and Dr. Ratinder Jhaj

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(AIIMS Bhopal). In this special symposium on Materiovigilance, Dr. Sana Rehman, HIMSR, Delhi's Materiovigilance Coordinator and Asst. Professor lectured on how Healthcare increasingly relies on medical devices. Adverse incidents related to medical gadgets have increased as their use has increased. Medical device adverse events must be monitored to protect patients. The other speakers were from IPC, Ghaziabad including Dr. Shatrunjay Shukla (Scientific Asst.), Ms. Krishna (Jr MvPI Associate) and Mr. Surya (Jr MvPI Associate).

Another interesting session was dedicated to Herbal Pharmacovigilance chaired by Dr. Abdur Rauf (Aligarh). In the special symposium of TM Pharmacovigilance, Vd. (Dr.) Sudipt Rath, an Associate Professor of Dravyaguna and IPVc Coordinator at NIA Deemed University in Jaipur, emphasized on Ayurveda pharmacovigilance. He used examples from Ayurvedic texts to show that PV was widely used in ancient India. In current pharmacovigilance, one should not only report ADRs but also minimise risks to ensure medication safety.

Dr. Sudha Revathy, Assistant Professor in the Department of Gunapadam at the National Institute of Siddha in Chennai, discussed Siddha pharmacovigilance. Despite many medical systems' advent, Siddha stands as effective. As an Intermediary Pharmacovigilance Centre, the National Institute of Siddha records adverse medication reactions at Ayothidas Pandithar Hospital, NIS, Chennai. It also records peripheral centre adverse medication responses and misleading ads. They reported 300 ADRs to the National Pharmacovigilance Centre, according to Dr. Revathy.

Unani Pharmacovigilance was explained by Dr. Noman Anwar of the Regional Research Institute of Unani Medicine in Chennai. The revival of holistic healthcare systems like Ayurveda, Unani, and Siddha has increased the usage of old medicines. AYUSH products are promising but unregulated. He highlighted

that Traditional medicine (TM) is a valuable source of health remedies worldwide, and its popularity is growing. TM is becoming more popular in many countries, raising concerns about safety and harmful drug reactions. A Pharmacology expert at CCRUM Headquarters in New Delhi, Dr. Ritu Karwasra also discussed Pharmacovigilance in the Unani System of Medicine. Based on Hippocrates' ancient teachings, the Unani school of medicine provides preventative, promotive, curative, and rehabilitative therapy. Her lecture stressed the significance of Pharmacovigilance in the Unani System of Medicine to monitor, report, & prevent illness.

Symposium 5 was chaired by Dr. Ahmad Najmi (Bhopal). In this session, it was deliberated that pharmacovigilance is a key patient safety indicator, according to HIMSR's (New Delhi) Dr. Nusrat Nabi. She described how The Pharmacovigilance Programme of India (PvPI) uses its extensive network to check pharmaceutical safety and patient safety, showing patient care quality. Likewise, Dr. Anisha Prasad of MCDMC, New Delhi, explained pharmaceutical mistakes. The lecture concluded that understanding drug errors may help healthcare workers deliver safe treatment. Dr. Nitin Kothari, Professor and Head of Pharmacology at GMC Dungarpur in Rajasthan, stressed paediatric pharmacovigilance.

Symposium 8 was chaired by Dr. Yvonne Yirenyiwaa Esseku (Ghana) and Dr Sanjeev Kumar (Khanpur kalan, Sonapat). In this session, Dr. Vandana Roy, Director Professor & HOD (Pharmacology), MAMC, New Delhi, highlighted spontaneous and newer ways of ADR reporting. Computerised adverse medication reaction detection methods are improving drug safety monitoring alongside spontaneous reporting. Drug safety monitoring requires determining their potential and condition. Dr. Kirti Vishwakarma, Associate Professor and Head of the Department of Pharmacology at ASMC Firozabad, lectured on Pharmacovigilance and Antimicrobial Resistance. AMR is a global public health

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issue that makes infections harder to treat, straining healthcare systems. Drug ineffectiveness and treatment failure reports should include antimicrobial resistance, a neglected side event.

The previously reported PVPI tablets, signals, and drug alerts were studied by Dr. Seema Rani, Professor and Head of the Department of Pharmacology at BPS GMC for Women in Khanpur Kalan, Sonipat. For Indian drugs, PvPI has amended 56 prescribing information leaflets (PIL), verified 12 signals, and issued 156 drug safety alerts. She reported that 12 signals have been confirmed and CDSCO has ordered the updating of 53 medicines and 3 vaccine Patient Information Leaflets (PIL). Prof. Prithpal Singh Matreja, Head of the Department of Pharmacology at TMMCRC in Moradabad, explained Pharmacoepidemiology studies, pharmacological efficacy, side effects, and use in large populations.

Symposium 9 was chaired by Dr. Prithpal S Matreja (TMU, Moradabad) and Dr. Pramendra Maheshwari (Bareilly). Dr. Ahmad Najmi, an Associate Professor of Pharmacology at AIIMS Bhopal, presented a Narrative Review of Orthopaedic Implant Associated Adverse Events on Materiovigilance. The study found that orthopaedic implant MDAEs were mostly caused by infections. Causality and root cause assessments are greatly delayed by underreporting. He suggested healthcare practitioners have continuing awareness and training to combat underreporting.

Dr. Anil K. Chaudhary from BRD Medical College in Gorakhpur studied cardiovascular disease risk variables among HIMS Sitapur medical and nursing students. He found that health education and primary therapies including weight loss, blood pressure control, and glucose management improve biological risk factors for cardiovascular disease. Lucknow's Integral Institute of Medical Science and Research Department of Pharmacology's Dr. Jahangir Ahmad Shaikh addressed Adverse Events Following

Immunisation. India manufactures global vaccinations as a developing nation. The nation's immunisations are safe and effective. Like other pharmaceuticals, vaccines contain risks and may cause side effects.

Valedictory Function and Cultural Night

Dr. Syed Z. Rahman, Organizing Secretary, thanked all contributors, participants, administration and funding agencies for supporting and making this international conference successful. The conference saw a record registration of more than 212 participants and delegates from other countries as well. The guest of honours presented the Uppsala award to Dr. Ayan Roy, Assistant Professor at the Department of Pulmonology, VIMSAR, Sambalpur, Odisha, for his poster on Trigger Tools for Comprehensive ADR Reporting in A Tertiary Care Pulmonology Indoor: A Record Based Study. All the participants of the free oral and poster presentations were congratulated for their brilliant efforts and were handed their certificates.

A cultural night was also organized in the evening of the first day. The chief guest of the event was Mr. Shalabh Mathur (IPS), IG Aligarh range. It proved to be a great opportunity for all the participants to socialize with their peers and counterparts from other institutes all over the country as well as exchange their ideas and seek guidance from experts from India and other nations. All the delegates were enthralled by the mesmerizing cultural performances by the AMU students which included singing performances and a live sand art performance. The renowned Ghazal singer, Mr. Johnny Foster won the audience's hearts with his soul-stirring ghazals. The cultural night ended with a sumptuous dinner.





CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

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